

SEPTEMBER-OCTOBER 2018

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GROSSE POINTE MAGAZINE

Featuring the best of Grosse Pointe life

KIDS ON THE GO

**Organization for kids with special needs
celebrates 20 years!**

INSIDE: LIVE INSPIRED MAGAZINE

A publication of The War Memorial

SENIOR LIFESTYLES

**The active lives of senior living
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Back to
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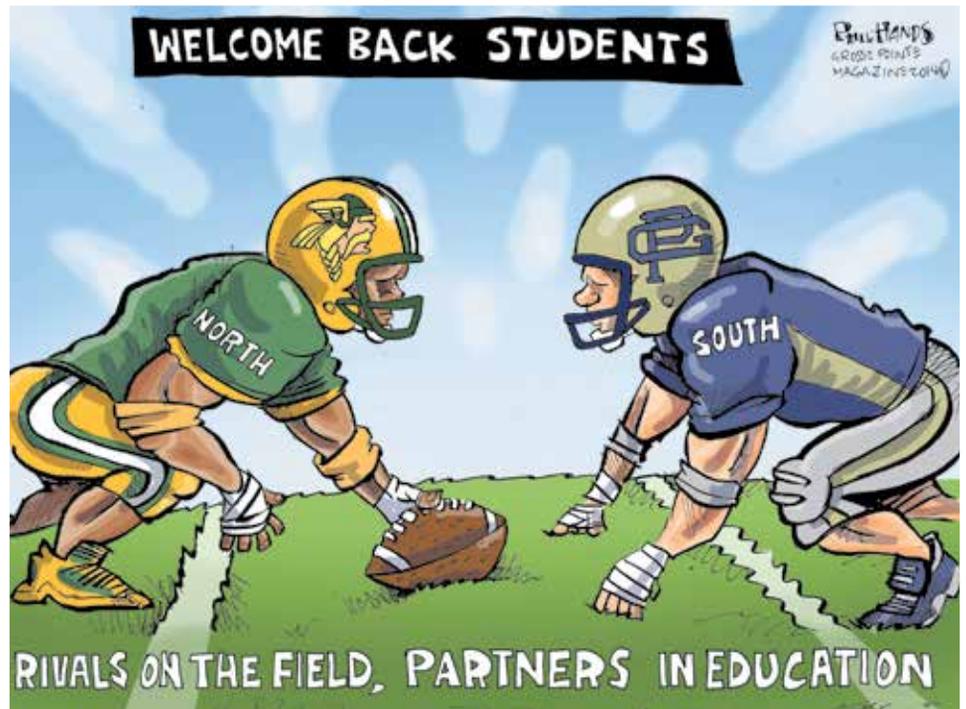
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On the cover

Resident artist Dominic Pangborn, of Grosse Pointe Shores, gives himself a cameo appearance in this “Back to School” issue of Pointe Magazine. Reprints of Pangborn’s cover art are available for purchase by contacting publisher@grossepointemagazine.com.



Where in the Pointes?



Where in the Pointes is this object? On Monday, September 24, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win a Champs Rotisserie & Seafood Restaurant gift card. Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: Ghesquiere Park)

To find us on Facebook, search “Grosse Pointe Magazine”

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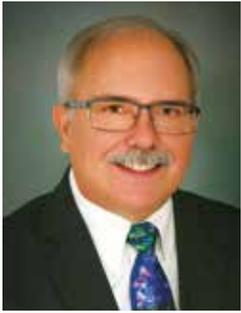
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John Minnis
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POINTE MAGAZINE



Lauren McGregor
Editor

The War Memorial & Back to School!

Welcome to the September-October issue of *Pointe Magazine*! We introduce something new in this edition — *Live Inspired Magazine*, an eight-page supplement by The War Memorial. It begins in the center spread, page 51.

Live Inspired not only lists upcoming events and classes, it also includes interesting news and tidbits about what's going on at The War Memorial. We invite you to peruse the special section and look forward to it in every issue of *Pointe Magazine*!

Also being delivered with this issue of *Pointe Magazine* is the 2018 Official Program of the Grosse Pointe Run organized by the Grosse Pointe Sunrise Rotary Club. The run is held this year on Saturday, Sept. 15, so runners — and joggers and walkers and those with baby strollers — mark the date!

When you look at the pictures from last year's race — taken by Sunrise Rotary's exclusive photographer, Sam Bologna — you will realize just how large and inclusive the Grosse Pointe Run is. You will see everyone from babies to seniors to moms and dads and teens to serious runners and those who are just there for fun.

The organizers rely on the generosity of our many local sponsors and businesses, so be sure to tell them "thanks"!

Funds raised through runners' entrance fees are used to award scholarships to our high school seniors, including Harper Woods, De La Salle and Regina.

When not running or sitting down and enjoying our magazine, be sure to patronize our many businesses and loyal advertisers who make *Pointe Magazine* — and the Rotary Run program — possible.

We hope you enjoyed your summer and continue to take advantage of the beautiful fall days we have in store.

Meanwhile, see you around the Pointe! ☺

John

For our annual Back to School issue, we feature the Chamber's North/South Tailgate party, Grosse Pointe South's Run the Pointe, Full Circle Foundation's annual gala, nursery school director Ann Walton and more.

But what has always gotten me most excited about going 'back to school'? Books.

I was the kid who couldn't wait to receive the school year's reading list and go supply shopping (getting the right kind of notebook is serious business). Happily, books are a major focus in our Back to School issue this year.

The Grosse Pointe Library Foundation will host its first masquerade this fall. And Peggy's Picks are must-reads.

Then there is the piece I wrote about *Kaleidoscope*, a local book and collection I hold near to my heart. Not just because I've had the pleasure of attending a Grosse Pointe Unitarian Church Writers Workshop in the past, but because working with these creative individuals is a joy and inspiration.

Their stories, which I preview on page 62, are brave, funny and compelling. They include the true story of a Writers Workshop member's childhood in German-occupied Denmark, the loss of a friend and even the aftermath of sexual assault.

The stories in this collection are a reflection of the 'kaleidoscope' of experience and perspective in Grosse Pointe. And the perfect example of the way in which books not only teach, but bring people together.

Even if you're not a student anymore, try getting in the bookish mood with a trip your library, perhaps picking up one of Peggy's picks or writing something of your own.

Speaking of writing — we are still looking for 'Pointe Prose' submissions! You can e-mail your creative writing to me at lauren@grossepointemagazine.com. Look out for a poem by Ron Strickler in the November/December issue.

Happy new school year, all! ☺

Lauren

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Meet Frances

Name: **Frances Sroka** Parents: **Neil Sroka and Christine Jacobs**
Birthdate: **Jan. 24, 2017** City: **Grosse Pointe Farms** First word: **Mama, Dada, duck**

Favorite activity: **Loves books and reading**

Cute fact: **Frances' middle name is Émilion — after the French saint and wine region.**

About Frances

in Mommy and Daddy's words

From the moment we met her, Frances revealed herself to be a very loving, intelligent, sweet, curious and independent-minded individual. She knows nearly 30 words and a few sentences even though she's only 18 months. She loves the family cat, Magellan, and a wide variety of foods. Her favorite activity is visiting the local parks, especially the Richard playground, the Pier Park splash pad and the Rotary tot lot. Frances loves her hometown and looks forward to growing up in such a tremendous community.



Meet Cameron

Name: **Cameron Franklin Arthur Munson** City: **Grosse Pointe Park**
Parents: **Jennifer & Dave Munson** Age: **7** Siblings: **Twin sister, Gemma**
Interests: **Reading, Minecraft, making cool things with LEGOs, skipping stones and flossing**

Favorites

Food	Vacation
Mexican and Indian	Puerto Rico
Game	School Subject
Baseball	Multiplication problems
Outdoor Activity	Book
Playing catch with Mama	Night of the Living Dummy

Who is your hero and why?

I really look up to my daddy, because he was so brave, silly, kind and smart. I miss him.

What do you want to be when you grow up?

A spy!

What is your favorite thing about going to school?

I love reading books in the library and playing gaga ball with my friends.

About Cam

"You can call me Cam! I have a twin sister who just got stitches and a dog named Minnie, but we call her 'Mipsapotamus.' I'm really good at inventing things, flossing, video games, hugging and I can do an awesome front flip off the diving board just like my daddy! I love to play baseball and swim, go on road trips, watch movies and try new foods. I also like whistling, butterflies and magic tricks. Someday I want to win American Ninja Warrior."



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Ask Rachael McDaniel.

Mary Ann and Ahmed Ismail

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Meet Caroline



Photo by Bre Anne Pitters

Name	Caroline Rogers
Age	15
City	Grosse Pointe Farms
School	Grosse Pointe South
Parents	Rick & Annemarie Rogers
Siblings	Rachel, 18, and Ricky, 10

Caroline's Favorites

Music Artist

Drake

TV Show

Grey's Anatomy

School Subject

History

Movie

To All the Boys I've Ever Loved

Actor/Actress

Michael B. Jordan

Book

To Kill a Mockingbird

Vacation

Charleston, South Carolina

Website

Instagram

Teacher

Mrs. Shelson

What song have you downloaded that would surprise people?

"My Girl" by The Temptations

What unique skill do you possess and what would you like to learn?

My mom says I am a great influencer. I would like to learn to have more patience.

If you could have three wishes granted, what would they be?

1. Get a dog, but my mom just got us one
2. Travel to Spain
3. Meet Drake

Where do you see yourself in five years?

Finishing undergrad and preparing for graduate school

What did you want to be as a child and what do you want to be now?

I wanted to be a vet and now I want to be a dermatologist.

About Caroline

"I was a gymnast for 12 years and retired this year to pursue diving and track. I am looking forward to being an athlete at Grosse Pointe South. Gymnastics recruits athletes too young and I want to wait until I am a junior or a senior to determine where I attend college."

Outside of her athletic interests, Caroline's favorite activity is hanging out with friends.

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Saturday, Sept. 22 the Athletic Booster Club of Grosse Pointe South proudly presents the 15th annual Run the Pointe!

The fun run/walk around the beautiful neighborhoods of Grosse Pointe Farms benefits South's student-athletes with funding for uniforms, equipment, facility upgrades, training and scholarships.

The 5K and 10K courses are USATF certified, participants are individually chip timed, and prizes for the top overall finishers and age group medals will be awarded.

Registration is open at gpsathleticboosters.com for \$25 or on race day for an additional fee.

All races and walks begin and end at the South stadium track. The 10K and 5K races start at 9 a.m. and 9:05 a.m. The two-mile walk begins at 9:10 a.m. The awards presentation is at 10:15 a.m. 



SHE'S NOT FOR SALE STOP HUMAN TRAFFICKING

You are invited to join Soroptimist International of Grosse Pointe in raising awareness for human trafficking at the first "Stop Traffic" 5K Walk/Run on Saturday, Sept. 29.

Soroptimist International has been working tirelessly to bring the issue of human trafficking awareness to the community for the past 10 years. They have hosted numerous events and have worked with various organizations in the hopes of ending modern-day slavery, which occurs every day in our own backyards. Join them in their ongoing fight.

For more information, visit www.grossepointesoroptimist.org and click "Stop Traffic 5K Walk/Run" in the top right corner. You can register directly online or print the registration form to mail.

Registration includes a commemorative t-shirt, post-walk/run refreshments, and access to human trafficking awareness professionals who will be on-site to provide information to the public.

All proceeds will be donated to metro Detroit organizations, shelters and initiatives that are dedicated to ending human trafficking in the region.

The event will begin and end at St. Lucy's Catholic Church on Jefferson Ave. in St. Clair Shores. Check in begins at 7:30 a.m. and the walk/run starts at 8 a.m.

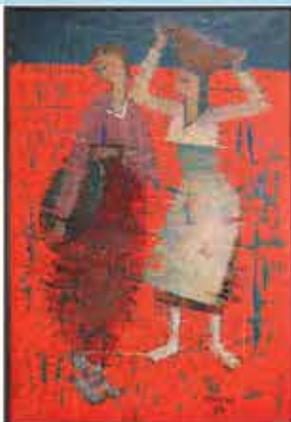
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Ann Walton cooperative teaching at St. Clare

By Matt Wentworth



Ann Walton of Grosse Pointe has been teaching on and off for nearly four decades. “It’s about the joy of learning,” she says.

Fifteen years ago, she signed up her then three-year-old son, Johnny, for St. Clare Cooperative Nursery School in Grosse Pointe Park, and she hasn’t left.

“My son did so well there,” she says.

When one of the teachers left, Walton was asked to join. Now, she is not only a teacher at St. Clare Cooperative Nursery School, but the director.

“It’s such a rich environment for child development,” she says.

The school is for three and four year olds. There are 20 kids in one room, with Walton and another teacher, as well as two parents who rotate, for

help.

“There are five children for every adult, so there’s a lot of individual instruction,” she says.

“They’re so fun and spontaneous,” she says of the kids. “They’re so curious. I get to nurture families, that’s what I think makes such a difference. We’re a co-op. The parents are very involved. They run the board and hire the staff. That’s what makes us so special. Our biggest compliment is, we (fill classes) by word of mouth.”

As with any teacher, not every day is easy. Walton is quick to credit her teaching partner, Sheri Rieth, for helping her get through the tough times.

“We support each other when it gets a little tough,” she says. “We’re a great team. I love teaching there.”

The two of them focus on making

learning fun. “As long as we can stick with that, and continue to meet the needs of families, I think we’re good,” Walton says.

Walton and her husband, John, have lived in Grosse Pointe for 28 years. Along with son, Johnny, who’s starting college, they have a daughter, Emily, who lives in Chicago. Both are Grosse Pointe South graduates.

When she’s not teaching, Walton can be seen riding her bike through her neighborhood, sailing as a member of Crescent Sail Club, knitting, or playing “Bunco,” a dice game, with the neighborhood ladies.

“I love the lake, the community, the smallness, the education, the proximity to downtown, all the great resources. I love living here,” she says. “We’re very lucky people.” 

Photos courtesy of St. Clare Cooperative Nursery School

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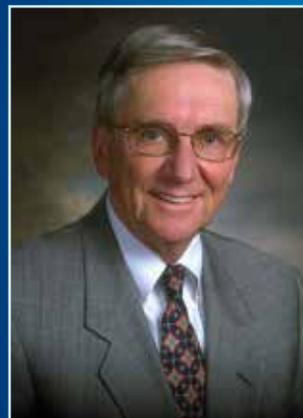


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DEBUT

Masquerade for the Stacks



By Anne Erickson

This fall will see the first-ever Grosse Pointe Library Foundation Masquerade for the Stacks at the Country Club of Detroit. The Masquerade, set for Oct. 6, will benefit the Friends and Foundation of the Grosse Pointe Public Library.

Beth Vernon, executive director of the Grosse Pointe Library Foundation, is excited for patrons to enjoy this unique event for the first time.

“The Masquerade originated with the idea of a costume party that we refined

a bit for the audience of library lovers,” she says. “I love that this will be a black-tie optional event. We hope our guests embrace the opulence of the evening!”

Each guest will be invited to enjoy cocktails, hors d’oeuvres, dinner, a literary-themed silent auction, photo booth and dancing to live music from RJ Spangler and Tbone Paxton’s Swingtet.

“Our hope is that this becomes the signature fundraising event for the Friends and Foundation of the Grosse Pointe Public Library,” she says, “and continue to grow and inspire new donors.”

Events such as this one help keep the Library supported and thriving. This year’s goal for the Masquerade is to raise the funds for a

new delivery van.

“Even in a town that loves its libraries, public funding isn’t enough for libraries to provide all the important resources that residents seek as well as capital improvements required for their sustainability,” Vernon says. “The Friends and Foundation of the Grosse Pointe Public Library works to help bridge that gap with private donations so that the Library, and the community it serves, thrive.”

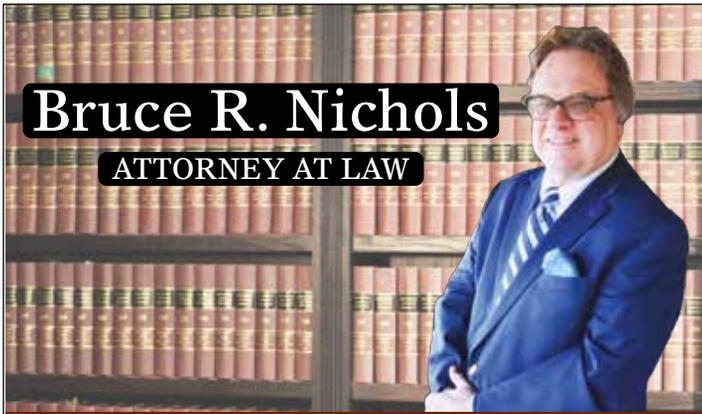
Masquerade for the Stacks will take place Saturday, Oct. 6 at The Country Club of Detroit, from 7 p.m. to 11 p.m. with the VIP Cocktail Reception for sponsors from 6 p.m. to 7 p.m. Tickets are \$125 per person. For additional information and to purchase tickets, visit gplf.org/masquerade.

“A strong public library is able to inspire, inform and engage people of every age, ethnicity and socioeconomic background — a singular and powerful asset to our community,” adds Vernon. 

Photos by John F. Martin



Country Club of Detroit



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NORTH VS SOUTH TAILGATE

By James Aren

No matter what side of the North/South line you call home, all of Grosse Pointe is invited to a tailgate party before the annual football game.

The party starts at 5 p.m. on Friday, Oct. 12, in North's parking lot, two hours before kick off.

Jennifer Palm Boettcher, director of the Grosse Pointe Chamber of Commerce, which hosts the event, is looking forward to another big turnout. She says somewhere between 12 and 16 restaurants will set up shop in the parking lot this year. Pulled-pork sandwiches, chili dogs and fish tacos are just some of the offerings for sale during the party.

Marching bands and cheerleaders from both schools will pump up the crowds, she says. Jugglers, stilt walkers and magicians will mix into the festivities as well.

"It's a celebration before the big game," she says. "It brings students, staff and alumni of both schools out."

The Grosse Pointe Gearheads Robotic Team, with members from both schools, are a linchpin to the tailgate. They set up booths for the restaurants, tear them down at the end and provide high-tech entertainment in the middle. The group usually displays the capabilities of last year's robot according to Jeffrey Santrock, assistant head mentor for the group.

Santrock has been helping with the tailgate since 2012 when his son was a freshman. He had so much fun that he decided to stick around after his son graduated.

"We have kids from both schools on the robotics team, but there is no competition during the tailgate," Santrock says.

Jason Wolfsen, teacher of special education at North and staff advisor for the Gearheads, says in general competition between the two schools is pretty lighthearted. On the other hand, football is football and when it comes to game time, he hopes North wins.

"We try not to be too competitive, but it sneaks in," Wolfsen says. 

Photo by Renee Landuyt

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An Evening Under the Stars

By Beth Newhart

For the Full Circle Foundation, An Evening Under the Stars isn't about fundraising; it's about fun.

"It's more about the experience and the comradery," says Full Circle founder and director, Mary Fodell. "They [the students] are adults, and they're coming to the party."

In its fifth year, Full Circle is returning to The Roostertail on Thursday, Nov. 1, for an evening of food, fun and dancing.

"The kids," as Fodell affectionately refers to the students working and learning at the various businesses run by the Full Circle Foundation, are learning a routine to show off their dance moves. The Arthur Murray Dance Center in Sterling Heights is also working with Gina Ahee, Ahee Jewelers, Judy Gafa, GPPSS Board of Education, Paige Niehaus, wife of GPPSS superintendent Gary Niehaus, Father Tom Nguyen, Capuchin Soup Kitchen, Patty Allemon, Allemon's Landscape Center and Joan McCarron, a Full Circle supporter, all of whom will be dancing routines for the crowd and a panel of judges.

By day, young adults with special needs attend programs at Full Circle

to learn life and employment skills. Their Summer Activity Program is an eight-week experience, according to Evie Ansell, where students till the Edible Garden, cook and take trips throughout the community. Team 26, she says, is a membership-



based opportunity that offers training at the Upscale Resale shop on Mack as well as the Foundation's Laundry Operations and Culinary Skills.

"My daughter Julia has grown so much since she became involved with Full Circle," she says. "The staff there cares so much about these young adults. They are incredible, dedicated and their work is so important."

But by this special night, these young adults celebrate. This year's event, presented by Jack and Suzanne Klein, is chaired by Cathy Mestdagh and Lisa Gabel, with Richard and

Jane Manoogian as honorary chairs. Ryan Ermanni will emcee, and Dan Miller from Fox 2 Sports will speak. Live auction items will include a five-night stay at the Park Lane Hotel on Central Park in New York, a week at a Tuscan villa, dinner for 20 at the Roostertail Club Room with Chef Bobby and a GenZe electric bike. The monetary goal is to

raise \$150,000; the social goal is priceless.

"Our whole message is that our kids are a part of our community — working, loving, living and learning," Fodell says, "and we're trying to make a place for them to work, make friends, fall in love."

Tickets for this year's event are \$175 and may be purchased at fullcirclefdn.org/evening-stars-2018.

Clockwise from top right, Lauren Gross with her father, Sue Banner and Jim Everley; George McMullen and Rae Hines

Photos courtesy of Full Circle Foundation

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By Joyce Wiswell

Roaring into Our Twenties is the theme of Kids on the Go's upcoming fundraising gala, which celebrates two decades of providing physical, occupational and speech therapy programs for children with special needs.

The Nov. 3 party, being held at Detroit's Gem Theatre and Century Club, has a decided art deco theme. Roaring Twenties attire is optional "but we're hoping people have fun with that," says executive director Kristy Piana Schena, who says she never dreamed the non-profit organization she started in 1998 would still be going so strong.

"It really does take a village with our sponsors, donors and families who are so supportive," she says. "We have an amazing staff of therapists and instructors and that's what has kept Kids on the Go here for 20 years."

The group offered 25 programs this past summer, including day camps, instruction in areas as diverse as bicycle riding and handwriting, fitness and group sports, and support for parents and siblings. All are offered free of charge.

Kids on the Go is expanding beyond summer programming with its new Teens to Work program to help special-needs teenagers find — and keep — employment.

"We teach them to fill out an application, job interview skills and career readiness," Schena says. "It's

heartbreaking to hear some of their challenges, such as one young man of 17 who has been denied a job at Kroger."

The group's last gala, held in 2016, raised \$90,000 and this year's goal is to top \$100,000. Sponsor Jameson Whiskey is offering a raffle for a trip to Ireland and a private tour of its distillery. Other key raffle and live auction prizes include courtside tickets to a Big 10 game at Michigan State University, a trip to Orlando's Disney World, a "golfer's dream" package with rounds in both Michigan and Colorado and an eight-hour Muskie fishing charter.

Channel 4 meteorologist Brandon Roux is the evening's emcee and famed auctioneer Matt Holiday will run the live auction. Tickets are \$150 and raffle tickets are \$25 to \$100.

Reflecting on the past 20 years, Schena says one of the nicest aspects of Kids on the Go is how parents have formed their own informal support system.

"Parents of kids with special needs can often feel alone. One of our greatest success stories is how they can share and network among themselves when they bring their kids to our sessions," Schena says. "There is a bond they have created through the years that I could not have imagined when we started."

Learn more about the organization and buy tickets for the gala at KidsOnTheGoCamp.com. 



Clockwise from top left, Kids on the Go park day; Kristy Schena with a Kids on the Go member; Kids on the Go Ice Cream Social; Kids on the Go tennis outing; Brad and Amy Danna and Beline and Tony Obeid at a past Kids on the Go gala; Brandon and Antoinette Roux and Carrie and Steve Hayes at a past gala

Bottom two photos by Patrick Gloria, all photos courtesy of Kids on the Go

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SWIMMING FOR THE GOLD



By Mary Anne Brush

At age 12, Christina Danieli was told she didn't have the coordination to learn how to swim.

Now 25, Danieli has won numerous medals competing 12 years in Michigan's Special Olympics, this year earning four gold medals at the Special Olympics USA Games in Seattle July 1 to 6.

While her favorite event is the individual medley, this past year she switched to butterfly — her weakest stroke — to give another athlete the opportunity to win the gold. Not only did Danieli earn a gold in butterfly in state competition, but she competed — and won — in nationals in this event as well.

Danieli graduated from Grosse Pointe North High School, but participated in athletics at Grosse Pointe South High School after South's coach at the time, Todd Briggs, urged her to swim for his team. Other coaches instrumental to her success were George Bay and Diane Zedan, each of whom works with Special Olympics swimmers. It was Bay who taught her the butterfly stroke.

Danieli also is grateful to Gators head coach John Fodell, who invited her to swim with the Gators team to train for national competition.

While in high school, Danieli earned three varsity letters in swimming and two each in cross country and track. She also played three years of junior varsity tennis. This spring her co-ed Special Olympics basketball team won the Division 4 state championship and

Danieli plays ice hockey on a coed team coached by former NHL player Peter Cigvaglia.

Sports aren't Danieli's only interest. Beginning sophomore year, she volunteered more than 2,000 hours at Beaumont Grosse Pointe and in 2013, was hired to work in the nutrition department. On July 25, she received Beaumont's Shining Star Award "given to exceptional employees and volunteers who have gone over and beyond in a variety of ways," according to director of volunteer services Betsy Schulte, who presented the award.

Danieli, Schulte says, is both. "She was an awesome volunteer and she's an awesome employee."

Danieli also is certified in dog training and grooming and competes in American Kennel Club agility events with her Australian shepherd, Austin. She offers boarding and walking services and is a familiar sight walking dogs in her Grosse Pointe Farms neighborhood.

Her mother, Cecilia Palen, says she is grateful to all the coaches and educators in her daughter's journey who looked "at abilities and not challenges.

"That is what made Christina soar," she says.

"It's never been about winning for her," she added. "Sure it's nice to win,

but look at how she was willing to drop out of her favorite event to give another athlete a chance to win."

"Because everyone needs to have a little bit of the glory too," says Danieli. "I don't mind if I get like a second or a third or a fifth or whatever, if I did my best and I beat my time, I'm happy." 



Top, Christina Danieli earned her best time at the USA team games in Seattle in the 100-meter freestyle.

Photo courtesy of Alika Jenner

Center, Danieli was her mother's maid of honor at her wedding in March 2017. Pictured with the "best dog," Austin, are Danieli, Cecilia Palen and Christopher Gentile. The couple met at a Special Olympics event; above, Danieli with her four gold medals

Photos courtesy of Cecilia Palen

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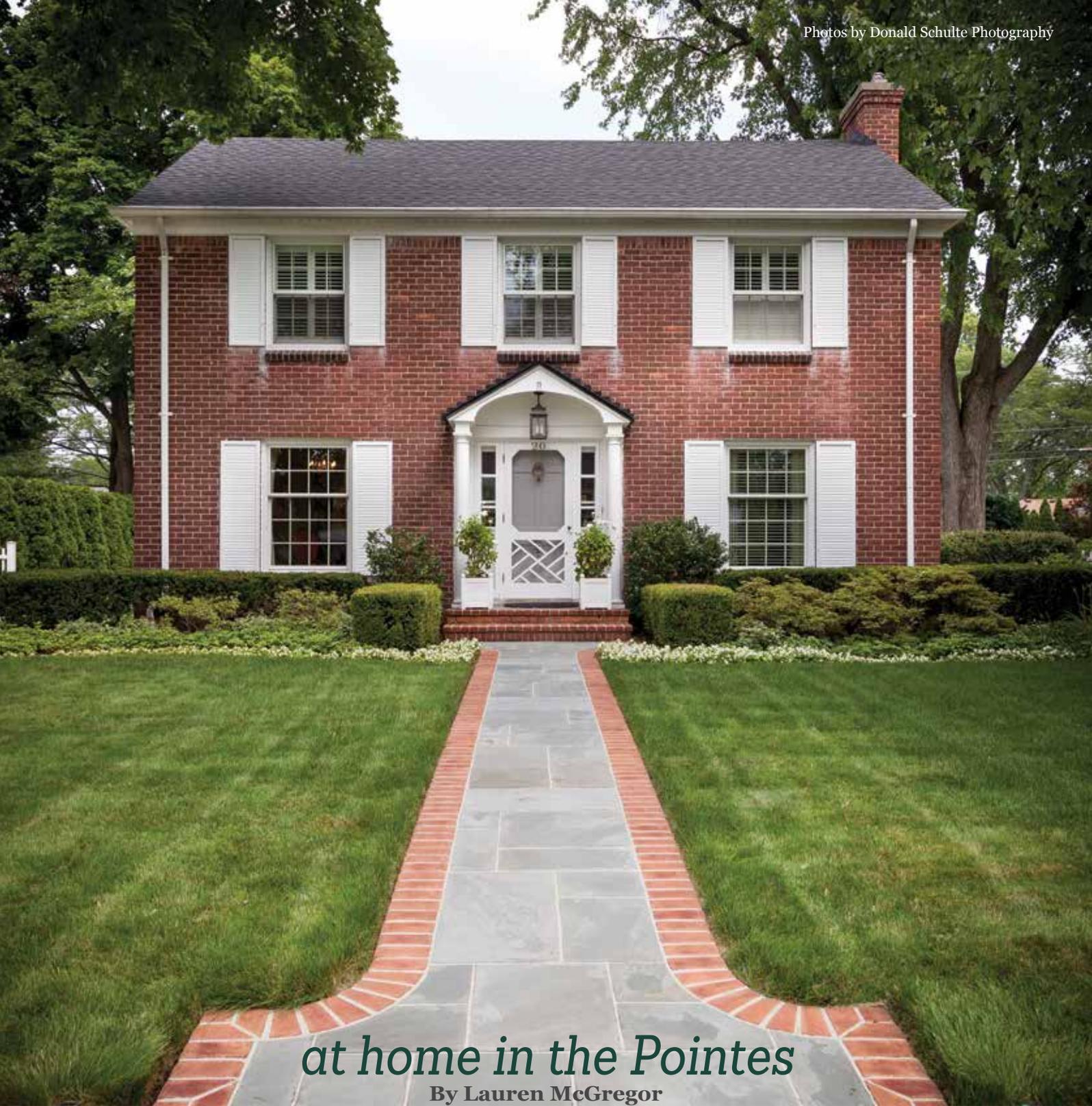


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at home in the Pointes

By Lauren McGregor

This August, Bob and Nancy Orr opened the doors of their 1940 Grosse Pointe Shores home to *Pointe Magazine*.

“We were told it was the Detroit News ‘House of the Month’ when it was finished by the Parkers, who lived here for 32 years before we bought it,” says Bob Orr.

Nancy, a Florida native, and Bob, a Massachusetts native, met in college

in North Carolina, before moving to Michigan when Bob accepted a job at Ford Motor Company.

When the Orrs bought their current home in 1972, they were the second ever family to live in the nearly 70-year-old beauty.

The tour started in the garden, where greenery and flowers began to peter into summer’s end.

The Orrs credit Three C’s Landscaping

with the front and back yards, including a winding path with small pocket gardens.

Backer Landscaping enlarged the patio and front walkway seven years ago.

“I love the hydrangea, and the anemones, which will bloom in the fall,” Nancy says of the four-season garden.

The pond contains four koi fish and several goldfish. They began with 22



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Photos by Donald Schulte Photography



goldfish that the Orrs' children caught at an event at the Grosse Pointe Shores pool.

A crane from Meldrum's watches over the pond.

"Heron have been taking neighbors' koi fish, but not here. I credit the crane," says Nancy.

Journeying into the house, Nancy explains the major renovation, by M.T. Chargot Building Co., that took place 25 years ago.

The couple decided to remove 900 square feet, and replace it with 1,800 square feet, making the former kitchen a pantry and adding a new kitchen and living space. Blaser Design Group helped accessorize the new kitchen and eating area.

At the front of the house, the living room's colorful warmth invites guests to lounge on the antique sofa that had belonged to Nancy's great grandmother.

"I wanted the room to revolve around that piece," says Nancy. "I'm a blue and white person, so I wanted something

different, a Chinese red."

It, and the other living spaces, were designed by designer Sandy Morrow.

"I carefully consider many factors, including my client's taste, needs, lifestyle and the architecture of their home," says Morrow. "The Orrs' active

lifestyle guided me, as I introduced furniture and fabric selections to complement their needs, while staying true to their classic style. Our final decisions were made as a team following my advice of 'if you don't love it, don't buy it!'"





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“My husband is from Boston. We would go to Cape Cod every summer and saw a man painting the harbor. I said, ‘I’m going to buy that.’ And she did. It’s now a centerpiece of the living room, a representation of Bob’s roots and a favorite place to visit.

The family room is where they relax most often, especially when their two daughters and three grandchildren are in town.

Two sailboats carved by Bob’s grandfather in Cape Cod can be found in the family room, symbols of the

importance of sailing in the Orr family. They currently sail with Bayview Yacht Club.

A banjo clock made in Weymouth, Mass. and owned by Bob’s grandfather adorns the



family room wall.

Behind the family room sofa is a chest that Nancy’s father purchased in Asia.

The highlight of the second floor is the master bedroom, designed by Grosse Pointe designer Kathleen McGovern. The room won a Detroit Home Award when completed and was featured in local magazines.

The Orr home is one that harmoniously reflects their passions: sailing, Cape Cod and family.

Morrow says of the importance of timeless, but personal, design, “A designer must be mindful of the client’s personality while continuing to reflect a beautiful environment, based on comfort, balance and proportion that will stand the test of time.”



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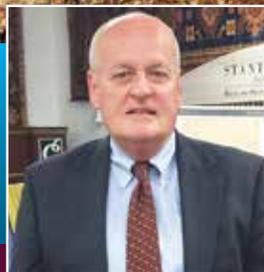
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winter garden preparation

a winter garden becomes a winter wonderland

By Elizabeth Quinn

Earlier this year, world renowned garden designer Piet Oudolf agreed to create a new public garden near the Nancy Brown Peace Memorial Carillon Tower and the Anna Scripps Whitcomb Conservatory on Belle Isle. When the garden is completed sometime in 2019, there will be much buzz about how he has gained his rock star status in the horticulture world.

One way to be ahead of the curve is to follow his practice of keeping some plants intact for winter interest.

Oudolf, who designed High Line garden beds in New York City and the Lurie Garden in Chicago, is a strong advocate of selecting perennials that provide form and texture in addition to pretty flowers. The plant's structure becomes the focus as the blooms wither. He believes there is beauty in decay.

Oudolf professes that gardeners

abandon the time-honored practice of completely clearing out an entire perennial bed in the fall. Instead, leave some plants in place until spring in order to have a four season garden.

These intact plants will transition into a wide range of neutral hues providing a softness to an otherwise barren yard as cold weather arrives.

This landscape becomes even more enchanting with the first snowfall. A white blanket of flakes provides a soft contrast to the perennials' starkness.

Many of these plants have seed pods that also provide nourishment for our feathered friends. Coneflowers and late-autumn sedum will attract finches and chickadees so don't deadhead them in the fall.

Listed below are a few plants that do well in a winter garden:

- Coneflowers
- Sunflowers
- Zinnias

- Marigolds
- Tall ornamental grasses
- Coreopsis
- Liatris
- Gaillardia
- Clematis
- Astilbe
- Sedums

The stalks and foliage can be removed once these plants show signs of wear and breakage, usually in late winter or early spring.

However, not all perennials will hold up well in rough weather so a fall clean-up is necessary for them. Many, such as hostas, will wilt after the first frost. The foliage of others, such as daylilies, should be removed to encourage healthy growth the following spring.

Remember to compost the debris of all plants, unless there are signs of disease. ☺

Photos by Elizabeth Quinn

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Pear Trellis Rust

A recent discovery is trellis rust, a European fungus that attacks pear trees. Pear trellis rust is caused by the fungus *Gymnosporangium fuscum*. The fungus requires two alternate hosts to complete its life cycle. It overwinters on the twigs of juniper species and in early spring it infects newly developed leaves of pear tree species. The pear trellis rust fungus has been introduced to southern Ontario in recent years.

Hosts and Damage

All species of pear are susceptible to the disease. There is no resistance observed on any ornamental pear species or varieties.

In May and June during warm, humid and rainy weather, the fungal spores spread from juniper to pear by wind. At the early stages of the disease, the infected pear leaves show small orange spots.

In early summer, the spots enlarge and become bright orange and later red lesions. In late summer, the underside of these lesions begin to swell and form a number of blisters. Spores released from these blisters are carried by wind back to juniper.



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Avoid pitfalls

By Lina Bowman

As you move through the seasons of your life, there are new financial opportunities — and potential pitfalls — around every corner. Plan ahead to avoid these mistakes!



In your 50s and 60s: Avoid raiding your home equity or retirement funds and reduce or eliminate your debt, before you retire.

And, while we all love our children, avoid co-signing loans for adult children!

Know how much money you can expect from these sources: 401(k) or IRA accounts; pension income from your previous or current employer; and Social Security at age 62, your full retirement age, and age 70.

Investigate long-term-care insurance options. Understand your income gap to make some important decisions on how you can bridge that gap once you do retire.

In your 40s: Don't try to keep up with the Joneses — they won't care if you can't pay your bills!

Don't save for college costs at the expense of your own retirement. Loans are available for college expenses, but nobody will lend you money for your retirement.

Have an advance medical directive in place to help your loved ones should something unexpected happen to you.

In your 20s and 30s: Pay yourself first! Save at least 10 percent of every paycheck into both a rainy day fund and a retirement account, and then spend what's left. Protect yourself with life and disability insurance. Life is unpredictable and in general, the younger you are, the lower your premiums will be.

Your future self will thank you!

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.

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To sell or not to sell

By Anna Bartolotta

In this better-performing real estate market the following question gets asked a lot: Do I sell my monthly income-producing rental property, hold tight or stop thinking about it?

I am personally having the same dilemma with selling my multi-family property or letting it be. The building is like my child, and just like my other children going to college in the future, I just don't know if I can separate yet.



We have seen a sharp decline in higher-priced rental units during the summer leasing months, and I can make a correlation between the booming housing market and a potential tenant's decision to rent or just purchase a home.

We have a large rental market in our area, and when vacant property rental inventory becomes too high, prices must be lowered to stabilize it.

Fall normally shows a sharp decrease in price, but prices were dropped long before fall hit this year. The same is true when the market crashed and the rental market boomed; I believe a correction is happening.

Single family homes have always held higher rental prices and aren't normally affected too much, but the home must be well cared for. If you are not willing to spend some money to beautify the home but are also not willing to take a lower rental amount for your property, then it is my opinion that you probably should sell.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's only dedicated, full service, full time rental agency staffed with licensed agents.

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Meet Jack



Jack Popek with his children, Jack and Alice

Photo by Renee Landuyt

Name Jack Popek

City Grosse Pointe Park

Occupation Retired Navy, substitute teacher, handyman, full-time dad

Jack's Favorites

Season

Football ... er, Fall

Music Genre

Classic Rock

Spot in Grosse Pointe

Top of sledding hill at Patterson Park in winter, watching my kids sled down

Book

The works of Mark Twain

Food

Food given out of gratitude (It's a military thing.)

Restaurant

Star Steak House, New Orleans

Movie

It's a Wonderful Life

Vacation

Last vacation with my wife and kids to San Diego

Sports Team

Cleveland Browns

What is your favorite thing about living in Grosse Pointe?

The architecture of the homes and cottage industries, and by far the people of this community

What is the best trip you've ever taken?

I tripped down the basement stairs on my shoelace carrying a load of dirty laundry and sprained my ankle.

What is one thing most people don't know about you?

I absolutely hate circus peanuts candy and have an unfounded fear of needles, the kind used for a shot or to draw blood, not to sew up britches.

What are two of your best personality traits?

Humble and outgoing

What is the best gift you've ever received?

My daughter and son

You win the million dollar lottery. What do you do?

Continue to live my life pretty much as is but without debt and would scatter my wife's remains on the beaches of Greece and Fiji. I will do that someday, winning this money would just speed it up.

Words to live by?

Honor, Courage and Commitment

About Jack

"Born and raised in Cleveland, Ohio, I joined the Navy when I was 17 and served in Naval Construction Battalion for 24 years. I served during Desert Storm/Shield. I was also sent to the former Yugoslav Republic in support of NATO peacekeeping forces and served in Kuwait/Iraq theater during Operation Enduring Freedom. My last tour, I served CONUS [Continental United States] in support of my battalion in Afghanistan.

My wife Brenda and I moved with our two children, Alice and Jack, to Grosse Pointe in 2011 when her government job as a lawyer for the ATF [Alcohol, Tobacco and Firearms] transferred her. Sadly, my wife passed away last year.

My children and I are a tight family unit and we spend a lot of time together. During the school year, I substitute teach and during the summer time I pick up handyman jobs in the area to stay close to my kids and stay on their schedule. Most of my 'spare' time is used fixing up our 1926 Grosse Pointe Park house."



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Cars & Trucks

a fine art exhibition
and lecture series

Celebrating America's love affair with cars and trucks

By Karen Pope

Some people are speculating that America's love affair with cars and trucks has hit a rough patch. But the Grosse Pointe Artists Association begs to differ. The excitement of speed and freedom that vehicles offer continues to be a favorite topic for artists.

There are also memories. A winning entry in last year's exhibition was "Love at First Sight" about the first time the artist saw Chevy's all-new '55 model.

For its second annual Cars and Trucks celebration, the Artists Association has assembled a fine art exhibition with works by artists from across the country and lectures by experts who have an inside track on understanding the relationship between cars and trucks and the people who drive them.

Steve Majoros, whom The Detroit News describes as "one of Detroit's savviest marketing guy," will open the celebration at 7 p.m. on Thursday, Oct. 4, at The War Memorial, by addressing the question: "The future of cars: How will the love affair change?"

Also that evening, juror for the show Alex Buchan will award prizes. He was

a sculptor for General Motors for more than 40 years before retiring to create bronzes for the fine arts market.

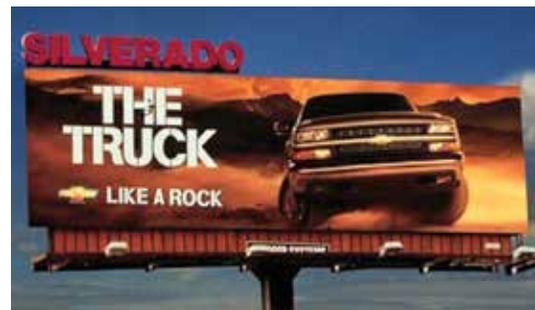
Continuing the celebration, on Thursday, Oct. 18, you can relive the days of "Like a Rock," the longest running campaign in advertising history. Two members of the creative team, Jim Gilmore and Rich Weinert, will share behind-the-scenes secrets like how they got Bob Seger to lend them his song after he had refused so many other offers.

Everyone involved in the celebration is volunteering their time. Proceeds will support the Artists Association's existing programs, A Morning Out for elderly and their caregivers and Art Club for students in five area high schools, as well as a new program, Healing Arts for veterans.

Cost for the exhibition preview/lecture package is \$80. To register, visit grossepointeartcenter.org/events or call (313) 881.3454. 

From top, Steve Majoros; Black Caddy by Bruce Giffin; Love at First Sight by Mike DiFazio; 'Like A Rock' advertisement

Photos courtesy of Karen Pope, Grosse Pointe Artists Association





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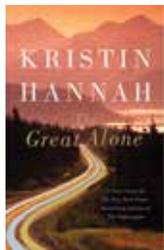
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Peggy's Picks



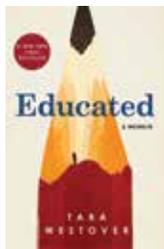
By Peggy Kitchel
Assistant Director, Grosse Pointe Public Library

It's school time again! There is excitement in the air and perhaps a little sadness that summer is over. Our community will have a fantastic, healthy year if we all get enough sleep, eat a healthy breakfast, try our best and keep a sense of humor. And I would add read a good book!



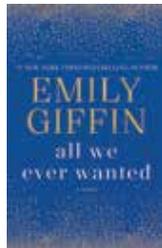
The Great Alone
By Kristin Hannah
When Ernt Allbright returns from the Vietnam War a changed man, he moves his wife and daughter to a remote corner of Alaska. The fiercely

independent community welcomes them and helps the family prepare for the long winter ahead. As darkness descends, Ernt's fragile mental state deteriorates and Leni and her mother realize they are on their own.



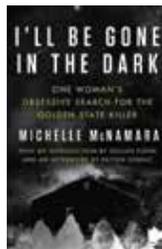
Educated
By Tara Westover
Tara Westover was raised in a survivalist family so isolated from mainstream society that the children did not receive an education.

Tara was 17 the first time she set foot in a classroom. She taught herself enough math, grammar and science to take the ACT and was admitted to Brigham Young University.



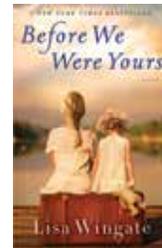
All We Ever Wanted
By Emily Giffin
Nina is living the good life after marrying into Nashville's elite. Her husband's tech business is booming, and her son, Finch, is bound for Princeton.

Tom is a single dad working multiple jobs. His daughter, Lyla, attends a prestigious private school on a scholarship. But Lyla doesn't always fit in. Then one devastating photo changes everything. Finch snaps a picture of Lyla passed out at a party, adds a provocative caption and sends it to a few friends. The photo goes viral, and before long, an already divided community is buzzing with scandal and assigning blame.



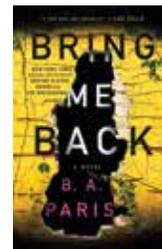
I'll Be Gone in the Dark
By Michelle McNamara
For more than 10 years, a mysterious and violent predator committed 50 sexual assaults in Northern California before

moving south. Then he disappeared, eluding capture by multiple police forces and some of the best detectives in the area. Three decades later, Michelle McNamara was determined to find the violent psychopath she called "the Golden State Killer."



Before We Were Yours
By Lisa Wingate
Rill Foss and her siblings are wrenched from all that is familiar and thrown into a Tennessee Children's Home Society

orphanage. They are assured they will soon be returned to their parents — but they quickly realize the dark truth. In present day South Carolina, Avery Stafford seems to have it all. When she returns home to help her father weather a health crisis, a chance encounter leaves her with uncomfortable questions and compels her to take a journey through her family's long-hidden history.



Bring Me Back
By B.A. Paris
Finn and Layla are young, in love and on vacation. They're driving along the highway when Finn decides to stop at a service station to use

the restroom. He hops out of the car, locks the doors behind him and goes inside. When he returns Layla is gone, never to be seen again. That is the story Finn told to the police!

She went missing. He moved on. A whole world of secrets remained. Until now.

Top photo by Jeffrey Sauger, courtesy of GPPL

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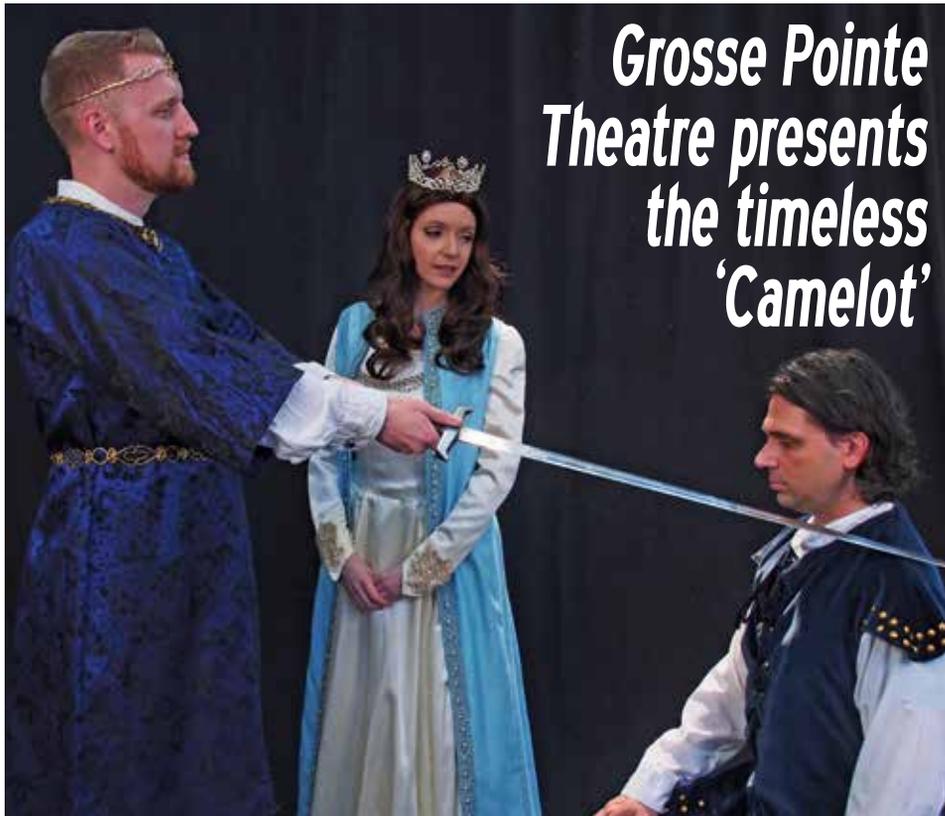
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By Anne Erickson

Grosse Pointe Theatre will tackle a classic, *Camelot*, in September, and director Leta Chrisman is thrilled to bring this moving story to a local crowd.

“It’s such a timeless piece — themes of hope, love and loss, war and peace, might vs. right — and so many of the ideas Lerner and Loewe highlighted in their adaptation of the original material are still so relevant to our audience today,” Chrisman says. “Also, the music itself is stunningly beautiful.”

Chrisman first got involved with Grosse Pointe Theatre back in 1978 as a child in *The King and I*. In 2003, Chrisman earned a MA in Theatre with a directing focus from Wayne State University.

“I rejoined Grosse Pointe Theatre last season,” Chrisman says, “and it’s been terrific to get back into theater on a regular basis.”

The story of *Camelot*, which runs from Sept. 16 through 29 at Pierce Auditorium in Grosse Pointe Park, is relevant to any era.

“There’s never a time where seeing

our heroes as human beings isn’t relevant,” Chrisman says. “While many of the tellings of the Arthurian legend focus solely on the classic love triangle, there is so much more to see!”

“We have a phenomenally talented

“ Even in the darkest of times, when all appears lost, there is always hope. ”

cast and production team at Grosse Pointe Theatre, and they bring such an amazing energy and passion to everything they do, that directing them is an absolute joy,” Chrisman adds. “The opportunity to develop this production alongside such a great group of people is a director’s dream.”

Bringing productions such as

Camelot to Grosse Pointe Theatre truly enhances the community.

“Grosse Pointe Theatre brings such a wealth of talent and artistic expression to the community and opportunities for residents to experience a high caliber production right in their own neighborhood,” Chrisman says. “Also, it creates a place where people can come together, create and share with each other. Some of my dearest friends are people I’ve met in the group!”

What does Chrisman hope local audience members take away from this production?

“That even in the darkest of times,” Chrisman says, “when all appears lost, there is always hope.”

Grosse Pointe Theatre presents *Camelot* Sept. 16-29 at Pierce Auditorium, 15430 Kercheval Avenue, Grosse Pointe Park. Tickets start at \$25 and are available at www.gpt.org. 

Above, Zack Coates as King Arthur, Megan Welenc as Queen Guinevere and Jude Purcell as Sir Lancelot

Photos by Dale Pegg

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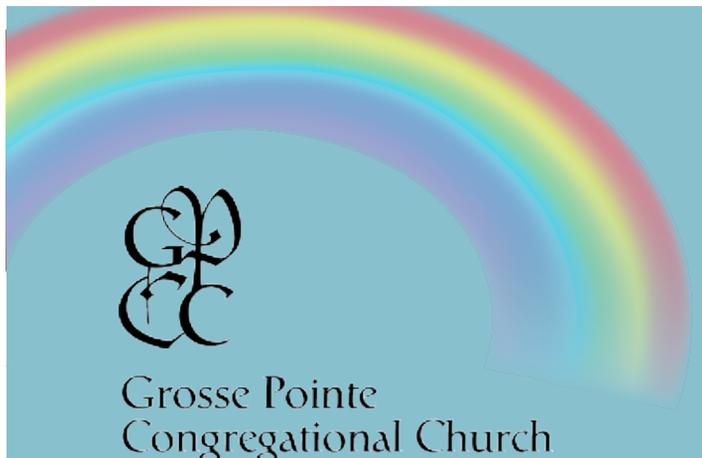
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FUSION

INTEGRATED TRAINING

By Eddie B. Allen Jr.

Two brothers from the Pointes set out on a journey in search of sweat.

The vision shared by P.J. and Nick Vlahantones was to combine the most challenging, effective and convenient workouts into a group-based program they could bring home to Michigan and share with the public. Their research took them across the country, from gyms in Miami to gyms in Los Angeles.

The result of their travels was not one, but two locations of Fusion Integrated Training, the boutique-style, state-of-the-art health club P.J. and Nick co-own with Jo Kutchev, co-founder of the Wanderlust Yoga Studio in Texas. Describing Fusion's approach to interval workouts as relatively unique in the Pointes, the company offers classes at 14940 Kercheval and its four-year-old facility at 20169 Mack Ave. in Grosse Pointe Woods.

"We're just getting things ramped up for the fall," say Kutchev, Nick and P.J.

Specializing in core-cardio-strength workouts during various group sessions scheduled from 6 a.m. to 7 p.m., Fusion's spaces are about 3,000 square feet and accommodate about 20

members per session. The programs incorporate a variety of equipment and training styles, from dumb bells, resistance bands, rowing machines and air bikes to the hybrid, yoga-influenced "YoStrong" technique. Members can reserve slots in almost 70 different classes by using an app. Twelve trainers including Kutchev, Nick and P.J. lead 60 minutes of fat-burning action.

Along with catering to the local market's demand for healthy lifestyles, the Vlahantones brothers and Kutchev say Fusion fills a role in the Pointes business community.

"By opening the newest studio we offer dual memberships and our goal is to strengthen the Grosse Pointe districts by promoting healthy activities," say the co-owners.

On an early Wednesday morning at Fusion on Kercheval the stillness of the block betrays the high energy just behind ground-floor studio's front door. Several women alternate between bikes, free weights and other equipment as a trainer guides them over the aggressive beat and charged lyrics of Childish Gambino's hit, "This is America."



Nick Vlahantones



Music and fun are part of Fusion's brand, Nick says, adding that both will be featured at the Kercheval location's one-year anniversary celebration where special classes will be held Sept. 29.

"We want to be the healthiest party in town," adds Nick.

For more information about Fusion Integrated Training, visit www.fusionintegratedtraining.com. [P](#)

Photos by Andrew Amine, courtesy of Fusion Integrated Training

Shingrix: New kid on the block

By Dr. Saima A. Khan

There is a new vaccine available for shingles. Shingles is a painful rash that can occur in anyone who was exposed to chickenpox. The virus that causes chickenpox “lives” in the spinal cord and can become reactivated if the immune system weakens, as happens with age or illness.

The first symptom is usually a burning, tingling pain followed by blisters on red skin that scab over in a few days. These blisters may occur



in crops every 2-3 days. The rash is usually in a band distribution on one side of the body.

The infection typically lasts 1-4 weeks. Complications can develop, a common one being Post Herpetic Neuralgia (PHN), which is pain in the area of infection that can last weeks to years even.

To prevent an infection or to decrease the severity of an infection and avoid PHN, a vaccine was developed in 2006 called Zostavax. Last year, a new vaccine came out called Shingrix and is the preferred vaccine. Shingrix is given in two doses approximately 2-6 months apart. It is approved for people age 50 years and older. You can get the vaccine even if you have had Zostavax. The most common side effect is pain at the injection site followed by fatigue, headache and fever.

Please note: there was an error in my previous article on Lyme disease stating dogs cannot get the disease. Dogs can indeed get the disease, however they cannot transmit the disease directly to humans.

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.



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Festival of Tables



Event chair Olga Tecos describes it as a “Festival of Tables Extravaganza,” because it has something for everyone: vendors, a Greek bake sale, auctions, a dinner and fashion show, 50/50 raffle, entertainment and 34 decorated tables, including designs by Viviano Flower Shop, DuMouchelles Art Gallery and The Garden Club of Michigan.

The Daughters of Penelope - Thamyris Chapter’s 16th annual Festival of Tables will take place Sunday, Oct. 21 at The War Memorial. “The decorated tables are unique and over-the-top,” says Tecos. “This event is the Big Fat Greek Festival of Tables on steroids.”

The list of 23 vendors includes jewelry, handbags, Circare gift store, woodworking, stained glass creations by James Cuneo (who worked on the Detroit Opera House), vinegar and oil tastings, and more. The auction boasts a Siesta Keys getaway, \$3,000 photo session by award winning photographer Marla Michele-Must, jewelry and countless scrapbooking items.

The event has raised over \$100,000 for Ascension (formerly St. John Providence Health System Breast Care Program). This year, through collaboration with Elaine Dold and J.C. Miller Real Estate, the list of beneficiaries will grow to include Best Friends Books Foundation, Alternatives for Girls, YWCA Interim House, C.O.T.S. and Detroit Rescue Mission.

“We are energized when we see how much people love this event and all this support enables us to provide the much needed money to assist so many charities,” says Tecos.

The first viewing, \$25, takes place from 1 p.m. to 5 p.m. and includes table viewings and shopping in the comprehensive boutique. The second viewing, \$80, takes place from 4:30 p.m. to 9:30 p.m. and includes the boutique, table viewings, dinner, a silent auction, 50/50 raffle and entertainment by DJ Yorg Kerasiotis of FLASHCLASH. A fashion show featuring models from the Young Survival Coalition of Detroit will follow dinner with La Moda Salon and Aretée Spa providing hair and makeup. Fashions will be provided by Katerina Bocci of KBOCCI.INC and Lanna Young of Savvy Chic Boutique, with live entertainment

Tickets are available at La Moda Salon, 20091 Mack Ave., and Aretée Day Spa, 20559 Mack Ave. For more information, visit www.dopfestivaloftables.com. 



St. Ambrose Catholic Church in Grosse Pointe Park is readying for its 28th annual fundraiser, Oysterfest, one of the most anticipated events of September.

This year, Oysterfest will be held Monday, Sept. 24, always the last Monday of September, from 5 p.m. to 9 p.m. in the Beaumont parking lot adjacent to Beaumont Medical Center at 15200 Kercheval in Grosse Pointe Park.

Tastings from nearly 40 local restaurants, as well as beer and wine will be available. Live music, excellent food and tons of fun are guaranteed!

Tickets are \$30. Sponsorships are still available. Call (313) 822-2814 for more information. 



Ken Lefevre and Maudi Moody
Photos by Renee Landuyt

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THE WAR MEMORIAL

LIVE INSPIRED.

Save the date for this year's Veterans Day Breakfast at The War Memorial, Monday, Nov. 12.

The annual program to honor our nation's heroes includes the presentation of thank you notes handmade by local students, an uplifting service song medley, keynote remarks and a gourmet breakfast.

Veterans will enjoy all of these festivities in The War Memorial Ballroom with views of the sunrise on the lake.

The War Memorial is pleased to offer a space for local service members to experience camaraderie over a meal together and for the community to honor the veterans' service.

Veterans are free of charge and permitted to bring one guest. Guest tickets are \$10. Registration is required and will be open at www.warmemorial.org/veterans closer to the event.

Doors open at 7 a.m. and breakfast begins at 8 a.m. ☎

Photos by Inner Circle Photography





THE PACIFICA QUARTET | 3

Appearing September 27

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THE WAR MEMORIAL

THE WAR MEMORIAL BOARD OF DIRECTORS

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SEPTEMBER/OCTOBER 2018 ISSUE

EDITORS: *Brooks Hoste and
Jessica Kaminski*

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*Cover photo courtesy of
the Pacifica Quartet*

SPECIAL THANKS: *Grosse Pointe
Magazine*

LIVE INSPIRED MAGAZINE
IS A PUBLICATION OF
LIVE INSPIRED PRODUCTIONS
AT THE WAR MEMORIAL.

HOW DO YOU CHOOSE TO LIVE INSPIRED?



At The War Memorial, we strive to live our mission every day, continually growing and evolving as a patriotic, cultural, and community leader. We sometimes exhibit this dedication in grand ways - for instance, sharing our lakefront lawn with thousands of friends during SummerFest 2018. At other times, our mission manifests itself in quieter choices, such as moving *Live Inspired Magazine* to its new home within *Grosse Pointe Magazine*. We're honored to combine these two cultural and community resources and look forward to reaching you six times each year!

Welcome, Thomas



The War Memorial is pleased to announce the evolution of our leadership team with our new Chairman of the Board of Directors, Thomas Smith. Thomas, the son of a Marine and a veteran himself, was unanimously elected by his fellow board directors, beginning his tenure in August. A resident of Grosse Pointe, Thomas is the founder and president of taktik(z), Inc., a company which bridges regional industrial manufacturing with U.S. government agencies. We warmly welcome Thomas, and eagerly anticipate the leadership and commitment he will continue to offer our growing institution.

Inspiration lies ahead

Whether through our new partnership with the Chamber Music Society of Detroit, our live broadcasts of New York City's Metropolitan Opera (see page 3), or our presentation of award-winning architect and designer Gil Schafer (see page 4), you'll find inspiring programming at The War Memorial this autumn. These forward-thinking events underscore our living mission, and we invite you to join us for each. As always, thank you for your continued support - and for choosing to live inspired at your War Memorial. ■



Charles Burke

President and CEO, The War Memorial

ONLINE INSPIRATION

Just as *Live Inspired Magazine* has found a new home within these pages, our website has also evolved! We recently launched a beautifully redesigned site, giving you full access to our wide range of programming, services, and storytelling. Visit www.warmemorial.org to explore our entire portfolio of offerings!



ARTS. CULTURE. FILM.

Announcing a season of
music, film, and theater.

The War Memorial's rich heritage of presenting world-class arts and cultural programming continues in our 2018-2019 *Arts | Culture | Film* series. Through a new partnership (two years in the making!) with the Chamber Music Society of Detroit, we're pleased to present wonderfully enriching musical experiences brought closer to home than they ever have been, including our season premier with the Grammy Award-winning Pacifica Quartet.

To learn more about the Pacifica Quartet and our entire series of performing arts events, visit our newly redesigned website at www.warmemorial.org/arts.



THE PACIFICA QUARTET

Thursday, September 27 at 7:30pm

The Grammy Award-winning Pacifica Quartet is **widely regarded as one of the leading string quartets of the world**, a position firmly established through their concerts, recordings, and prestigious ongoing residencies at the Aspen Music Festival, New York's Metropolitan Museum of Art, and Indiana University's Jacobs School of Music.

"...Spine-tingling intensity" – The New York Times

MENESES & GALBRAITH

Friday, October 26 at 7:30pm

Experience the **inaugural American tour of a new collaboration between Brazilian cellist Antonio Meneses and Scottish guitarist Paul Galbraith**. The duo's innovative program includes the work that inspired their collaboration – Schubert's *Arpeggione Sonata* – paired with music by Brazilian composers.

COST Premium tickets \$45
General admission adult \$30
Seniors \$25
Student and youth \$10

Tickets and program information at www.warmemorial.org/arts

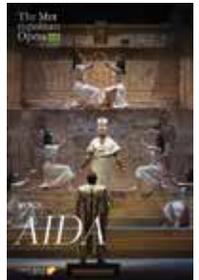
NEW THIS SEASON! Live performances from New York's Metropolitan Opera and London's National Theatre, magically livestreamed into The Patriot Theater.

NEW YORK CITY'S METROPOLITAN OPERA

AIDA BY GIUSEPPE VERDI

Saturday, October 6 at 12:55pm

Anna Netrebko sings her first Met *Aida* with **Anita Rachvelishvili** as her formidable rival Amneris.



**LA Fanciulla del West
BY GIACOMO PUCCINI**

Saturday, October 27 at 12:55pm

Eva-Maria Westbroek sings Puccini's gun-slinging heroine in this romantic epic of the Wild West.

**MARNIE BY NICO MUHLY
WITH LIBRETTO BY NICHOLAS WRIGHT**

Saturday, November 10 at 12:55pm

Nico Muhly's *Marnie*, based on Winston Graham's novel, which in turn inspired Alfred Hitchcock's suspenseful thriller, has its U.S. premiere at the Met this season – **Isabel Leonard** stars in the title role opposite **Christopher Maltman**.

LONDON'S NATIONAL THEATRE

**FRANKENSTEIN BY NICK DEAR, BASED
ON THE NOVEL BY MARY SHELLEY**

Tuesday, October 22 at 7pm

This thrilling production features **Jonny Lee Miller** as Victor Frankenstein and **Benedict Cumberbatch** and his Creature.





www.warmemorial.org/artandantiques



KEYNOTE SPEAKER

Gil Schafer III

Award-winning architect Gil Schafer III, AIA, is one of the world's leading experts on contemporary classical architecture. A member of *Architectural Digest's* AD 100 and a winner of *Veranda's* Art of Design Award, Schafer holds a Master of Architecture from the Yale School of Architecture and is the author of the bestselling books *The Great American House* and *A Place to Call Home*. Schafer's work has been featured in numerous national and international publications, including *Architectural Digest*, *Elle Décor*, *Veranda*, *The New York Times*, and *The Wall Street Journal*. When he's not traveling for work, Schafer divides his time between New York City, upstate New York, and Maine.

ART & ANTIQUES at The War Memorial

Held over four days, our second annual Art & Antiques features a series of events with something for every varietal of art and décor lover. High-end dealers from across the country will join forces with nationally- and regionally-known speakers to provide an unforgettable experience - all in support of The War Memorial's Patriot Initiative Fund and the preservation and restoration of the historic Alger Estate, the foundation of our beautiful campus.

Schedule of events

PREVIEW PARTY

WHEN Thursday, November 1
TIME 6pm

ANTIQUES & ARTFEST

WHEN Saturday, November 3
TIME 7pm

GENERAL ADMISSION

WHEN Friday and Saturday,
November 2 and 3,
10am-5pm
Sunday, November 4,
Noon-5pm

Speaker Series

TALK WITH LIFE-LONG COLLECTOR JOHN BOOTH

WHEN Friday, November 2
TIME 10am

TALK WITH DIA CHIEF CURATOR OF AMERICAN ART KENNETH J. MYERS

WHEN Friday, November 2
TIME 2pm

KEYNOTE TALK WITH ARCHITECT GIL SCHAFER

WHEN Saturday, November 3
TIME 2pm



Multiple ticket levels are available - learn more at www.warmemorial.org/artandantiques or call 313.881.7511

Art & Antiques Committee

HONORARY CO-CHAIRS

Mary Kay and Keith Crain

BENEFIT CO-CHAIRS

Beverly Curtiss Walsh
Betsy Reid Creedon

PREVIEW PARTY CHAIR

Valerie Moran

ARTFEST CHAIRS

Kelly Walsh
Amy Chesterton

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Colleen Fitzgerald	Carole Larson
Michael Fournier	Wendzel
Wendy Jennings	James Williams
Scottie Knight	Kathy Williams
Mercedes Kucyk	Mary Anne Zinn
Nancy Osborne	



◀ ONE FOR THE FOXES

June 7, 2018

Our 2017-2018 performing arts season concluded with an electrifying performance by our friends, *One for the Foxes*. The trio, visiting Detroit for the first time, brought their internationally renowned sound of Irish, American, and folk music to our stage for one very special night.

Sponsored by
Patrick and Valerie Moran

AT THE
WAR
MEMORIAL

ENGAGING EXPERIENCES



◀ SUMMERFEST

Presented by the *Ralph C. Wilson Jr. Legacy Funds of the Community Foundation for Southeast Michigan*
July 9 through 25, 2018

SummerFest 2018, our three-week festival of free summertime fun, returned bigger and better than ever. Thousands of guests joined us on our lakefront lawn for outdoor concerts, theater, and movies. Friends and family enjoyed performances from *Dave Bennett and Band*, *Michigan Opera Theatre*, and *The Beat Club*, among others!

Visit www.warmemorial.org/summerfest for a complete list of our generous sponsors

Photo by Ryan Nichols



◀ THE PATRIOT THEATER

After months of renovations, our new *Patriot Theater* opened its doors to the public in June. With improvements to safety, accessibility, and aesthetics, guests will continue to enjoy a curated program of live music and theater, renowned speakers, and film presentations.

Visit www.thepatriottheater.org for a complete list of events and showtimes

The War Memorial's classes, activities, and trips are open to the public! Everyone is welcome - there are no residency requirements and membership is not necessary.

Residency within the Grosse Pointe Public School System district is necessary for Middle School Dances.

CLASSES AND ACTIVITIES

FITNESS, HEALTH, AND WELLNESS

CARDIO MAX

Mondays, 6:15-7:15pm
September 24-October 22
November 5-December 10

CARDIO CORE

Saturdays, 9-10am
September 29-October 27
November 10-December 22

CHAIR YOGA

Saturdays, 10:15-11:15am
September 29-October 27
November 10-December 22



IYENGAR YOGA

Thursdays, 7-8:30pm
September 6-October 25
November 8-December 20

AEROBIC DANCING BY JACKI SORENSON

Mondays and Thursdays,
8:45-9:45am
September 10-December 6

MINDFULNESS BOOTCAMP

Wednesdays, 9-10am
September 19-November 14

TAI CHI WITH JENNIFER

Tuesdays, 6:15-7:15pm
September 11-October 16
November 6-December 18

BETTER BALANCE WITH QI GONG

Thursdays, 11:30am-12:30pm
September 13-October 18
November 8-December 20

CPR/AED/FIRST AID

Monday, 6-9:30pm
October 15

SELF DEFENSE FOR WOMEN

Wednesday, 6:30-8:30pm
November 7

NEW CLASS

SELF-DEFENSE FOR SENIORS

Thursday, 6:30-8:30pm
October 11

SPORTS AND GAMES

BEGINNER FENCING

Mondays, 7-7:45pm
September 10-October 8
October 15-November 12
November 19-December 17

INTERMEDIATE FENCING

Mondays, 7:45- 8:30pm
September 10-October 8
October 15-November 12
November 19-December 17



ADULT FENCING

Mondays, 8:30- 9:15pm
September 10-October 8
October 15-November 12
November 19-December 17



BICYCLE REPAIR AND MAINTENANCE

Thursday, 7-9pm
September 13

NEW CLASS

THE HUNGER GAMES SURVIVAL SCHOOL FOR ADULTS (AGES 18+)

Tuesdays, 7-8pm
September 11-November 20

MUSIC AND DANCE

BEGINNING PIANO

Thursdays, 11am-12:30pm
September 20-November 15

INTERMEDIATE PIANO FOR ADULTS

Thursdays, 1-2:30pm
September 20-November 15

BEGINNING GUITAR FOR AGES 14+

Tuesdays, 5-6pm
September 18-November 13

INTERMEDIATE GUITAR FOR ADULTS

Tuesdays, 6:15pm-7:30pm
September 18-November 13

BEGINNING BALLROOM DANCE

Thursdays, 7-8pm

FOXTROT AND SWING

September 6-October 18

TANGO AND CHACHA

October 25-December 13

INTERMEDIATE BALLROOM DANCE

Thursdays, 8:15-9:15pm

SLOW WALTZ

September 6-October 18

FOXTROT

October 25-December 13

ADVANCED BALLROOM DANCING

Tuesdays, 7:30-8:30pm

RUMBA/MAMBO

September 11-October 16

FOXTROT/SWING

November 6-December 18

LA DANSE ORIENTAL-THE ART OF BELLY DANCING

Wednesdays, 7:30-8:30pm
September 19-October 24

SALSA DANCING I: BEGINNING

Fridays, 7:30-8:30pm
September 7-October 26
November 9-December 14

SALSA DANCING II: INTERMEDIATE

Thursdays, 8-9pm
September 6-October 25
November 8-December 13

BACHATA-A LATIN DANCE

Thursdays, 7-8pm
September 6-October 25
November 8-December 13

LATIN CLUB DANCING

Fridays, 6:30-7:30pm
September 7-October 26
November 9-December 14

LINE DANCING

Wednesdays, 6-7pm
September 19-October 24
November 7-December 19

ART, CRAFTS, AND HOBBIES

WATERCOLOR PAINTING FOR BEGINNERS

Wednesdays, 5-6:30pm
September 19-November 28

NEW CLASS

INTERMEDIATE WATERCOLOR PAINTING

Wednesdays, 6:30-8pm
September 19-November 28

NEW CLASS

FLORAL ARRANGING WORKSHOPS

Saturdays, 10am-Noon

HARVEST HUES CENTERPIECES

September 29

THANKSGIVING TABLE CENTERPIECES

November 17

FRESH HOLIDAY WREATHS

December 8

CORK AND CLAY WITH PEWABIC POTTERY

Friday, 7-8:30pm
November 9

MORE INFO

Full details and registration at www.warmemorial.org or call 313.881.7511

YOUTH

BABYSITTER SAFETY (AGES 11+)

Saturday, 9am- 3pm
October 27 or December 15

SELF DEFENSE FOR KIDS

Wednesday, 5-6pm
November 7

NEW CLASS

HOLIDAY YOUTH ETIQUETTE TRAINING (AGES 8-12)

Saturday, 10am-Noon
November 10 or December 1

NEW CLASS

THE HUNGER GAMES SURVIVAL SCHOOL FOR KIDS (AGES 9+)

Tuesdays, 6-7pm
September 11-November 20

NEW CLASS

FUNKY DENIM AND TEE BAGS (AGES 8+)

Saturday, 9am-3pm
September 29

NEW CLASS

HOLIDAY COUTURE DRESS (AGES 10+)

Saturday, 9am-5pm
November 17



WRITING WORKSHOPS WITH SARAH SHEPPARD

JUMPSTART YOUR MEMOIR

Wednesday, 6-9pm
October 10

STORYTELLING FOR YOUR BUSINESS

Wednesday, 6-9pm
November 7

BRAINSTORMING IDEAS FOR LIFE CHANGES

Wednesday, 6-9pm
November 14

SOMETHING DIFFERENT

NEW CLASS

ANCESTRY: FINDING YOUR FAMILY TREE

Saturday, 10am
September 22

Monday, 7pm
October 8

Saturday, 10am
October 20

Monday, 7pm
November 12

PALMISTRY

Wednesday, 7-9pm
October 10

AURAS AND CHAKRAS

Wednesday, 7-9pm
October 17

PSYCHIC FUN NIGHT

Wednesday, 7-9pm
October 24

ENGAGE, ASPIRE, TASTE

SPECIAL LIMITED SEATING EVENT

THE WINE COUNSELOR: THE 5 S'S OF WINE

Thursday, 7pm
September 20

SPECIAL LIMITED SEATING EVENT

CRIME AND PUN-ISHMENT: A 1920S MURDER MYSTERY

Thursday, October 4
VIP Cocktail reception: 6pm
Dinner and show: 7pm

Full details at www.warmemorial.org/arts

THE WINE COUNSELOR: THE PLEASURES OF PINOT

Thursday, 7pm
October 18

DINNER AND DEMO AN EVENING WITH CHEF GODWIN IHENTUGE

Tuesday, 6:30pm
October 23

DETROIT CITY DISTILLERY: A SPEAKEASY EVENING

Thursday, 7pm
October 25

THE WINE COUNSELOR: THE SUBTLETIES OF SCOTCH

Thursday, 7pm
November 1

DINNER AND DEMO AN EVENING WITH TWM EXECUTIVE CHEF NATALIA TARNAVSKY

Thursday, 6:30pm
November 15

DAY TRIPS

Most day trips include a lunch stop! Visit www.warmemorial.org/daytrips for complete itineraries

JUNIOR LEAGUE OF DETROIT DESIGNERS SHOWHOUSE

THE FISHER MANSION

Friday, September 28
Thursday, October 4
Friday, October 5

COLOR CRUISE AND ISLAND FESTIVAL IN GRAND LEDGE

Friday, October 12

STRATFORD FESTIVAL THEATER

THE MUSIC MAN

Thursday, October 25

CHARLES H. WRIGHT MUSEUM OF AFRICAN AMERICAN HISTORY

Tuesday, November 13

EXTENDED TRAVEL

The War Memorial travels the world! Visit www.warmemorial.org/travel for current trips and itineraries



SKI HI CLUB 2019

MANDATORY INFORMATION MEETING

Join our ski club for middle school and high school students!

Monday, 7pm
December 10

MIDDLE SCHOOL DANCES

Please visit www.warmemorial.org/youthdances for specific details and attendance requirements

SCHOOL PRIDE: Thursday, September 20

DISCO NIGHT: Thursday, October 18

EVERYTHING HARRY POTTER: Friday, November 16

HOLIDAY BALL: Thursday, December 13

DRIVING SCHOOL

GROSSE POINTE DRIVING SCHOOL

Classes run year-round - please visit www.warmemorial.org/youth for a full list of sessions and attendance requirements.



SEPT 27

Chamber Music Society of Detroit presents
THE PACIFICA QUARTET



SEPT 28

Day trip
JUNIOR LEAGUE OF DETROIT DESIGNER SHOWHOUSE
This trip also runs on Oct 4-5



OCT 4

Interactive live dinner theater event
CRIME AND PUNISHMENT: A 1920S MURDER MYSTERY



OCT 6

The Met Live in HD presents
AIDA



OCT 21

GROSSE POINTE CHAMBER MUSIC SEASON PREMIERE

UPCOMING EVENTS

AT THE WAR MEMORIAL

Information and tickets available online!
www.warmemorial.org



OCT 22

National Theatre Live presents
FRANKENSTEIN
STARRING BENEDICT CUMBERBATCH



OCT 23

AN EVENING WITH CHEF GODWIN IHENTUGE



OCT 25

A SPEAKEASY EVENING WITH DETROIT CITY DISTILLERY



OCT 26

Chamber Music Society of Detroit presents
MENESES AND GALBRAITH



OCT 27

The Met Live in HD presents
LA FANCIULLA DEL WEST



NOV 1-4

ART & ANTIQUES AT THE WAR MEMORIAL
Featuring Gil Schafer III



NOV 10

The Met Live in HD presents
MARNIE



NOV 12

VETERANS DAY BREAKFAST



NOV 15

AN EVENING WITH CHEF NATALIA TARNAVSKY
TWM Executive Chef

City Kitchen

Restaurant & Bar



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Monday-Friday
11:30am - 3:30pm

DINNER

Monday-Thursday
4:30 - 9:30pm

Friday
4:30 - 10pm

Saturday
5pm - 10pm

Sunday
4 - 9pm

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Sleep apnea... continued

Sleep apnea goes far beyond loud snoring. This sleep related breathing disorder causes you to stop breathing throughout the night, depriving your brain and your body of much-needed oxygen. These 7 health issues associated with sleep apnea should underscore the importance of medical intervention.

1. Loss of sleep: Good, solid sleep does wonders for your overall health and wellness, allowing your body to regroup each night so that you can face each day with renewed energy.
2. Memory loss: If your brain is frequently interrupted by lack of oxygen, your ability to retain or recall information is greatly affected.
3. Heart issues: Sleep apnea makes you more prone to high blood pressure and irregular heart rhythms increasing your risk of heart attack and stroke.
4. Depression: If you have sleep apnea, the loss of sleep can bring on, or exacerbate, pre-existing depression.
5. Diabetes: Sleep apnea plays a part in increasing your resistance to insulin, increasing your risk of type 2 diabetes.
6. Eye problems: Loss of oxygen caused by sleep apnea can damage your optic nerve leading to glaucoma and loss of vision.
7. Moodiness: Loss of oxygen to your brain alters the chemicals that regulate your moods, often leaving you overly stressed and irritable.

If you have sleep apnea, getting the right help can save you from very serious health complications. Feel free to call us at (313) 882-2000 to find out how we can help or to schedule an appointment.

Dr. M.S. Stonisch is a general dentist practicing on Mack Avenue in Grosse Pointe Woods at Faircourt Dental. For information or to schedule an appointment, call (313) 882-2000 or visit www.faircourtdental.com.

Faircourt Dental's Smile Mission Trip To

AFRICA



*Please consider donating to our
A-Maizing Smile Mission!*

The Faircourt Dental Smile Mission is accepting donations for their trip to Malawi, Africa over Christmas. They will be providing dental care and also giving the gift of corn maize as these residents are in desperate need of food.

Please help these village farmers receive the supplies they need to ensure a successful harvest by mailing a tax-deductible donation payable to Grace Community Church with
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It's time to ditch the readers!

By Dr. Monica Johnsonbaugh

Readers, cheaters, reading glasses ... whatever you like to call them, it's time to kick them to the curb and Dr. Monica Johnsonbaugh is here to tell you why.

1) Why fumble around for reading glasses when you have the option to read without them? Multifocal contact lenses can allow you to see clearly in the distance and up close.

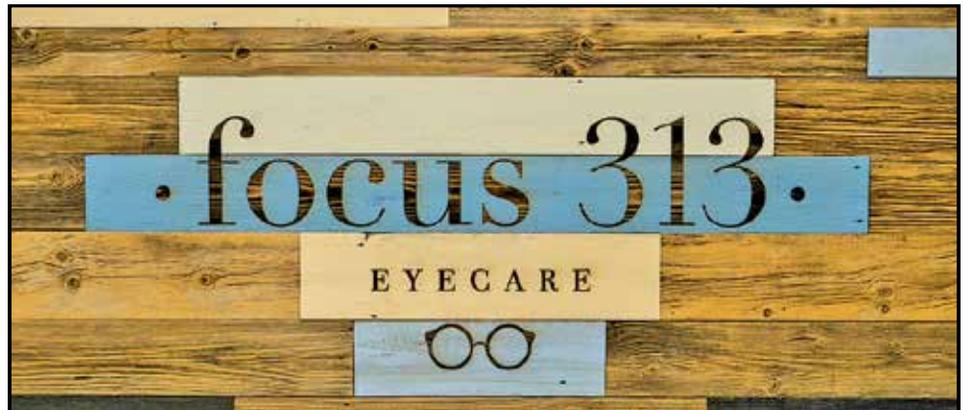
Unlike monovision where one eye is for distance and the other is for near, multifocal contact lenses allow both eyes to work together to maximize depth perception and are even available in a daily disposable option!



2) Cheaters never win! Over the counter reading glasses are very rarely the proper prescription one actually needs. Most people have a difference in prescription between the eyes. Typically these glasses magnify the reading material rather than bring it into clear focus. Prescription reading glasses will be made to match your exact prescription.

3) It's all about the optics! Whether they cost \$1 or \$100, over the counter reading glasses are made with inferior quality products which translates into less than optimal vision where you need it the most! Your lens materials and coatings determine the clarity and optics of your lenses which determines how well you see. Don't settle for less than perfect when dealing with something you need all day, every day!

Dr. Monica Johnsonbaugh prides herself in providing her patients with thorough medical eye care utilizing state of the art equipment, innovative contact lenses and the finest handcrafted eyewear. Focus 313 Eyecare now offers Optomap Retinal Imaging which allows for a thorough assessment of the health of the inside of the eyes without dilation. Visit www.focus313.com or call (313) 473-9339 to schedule an eye examination today.



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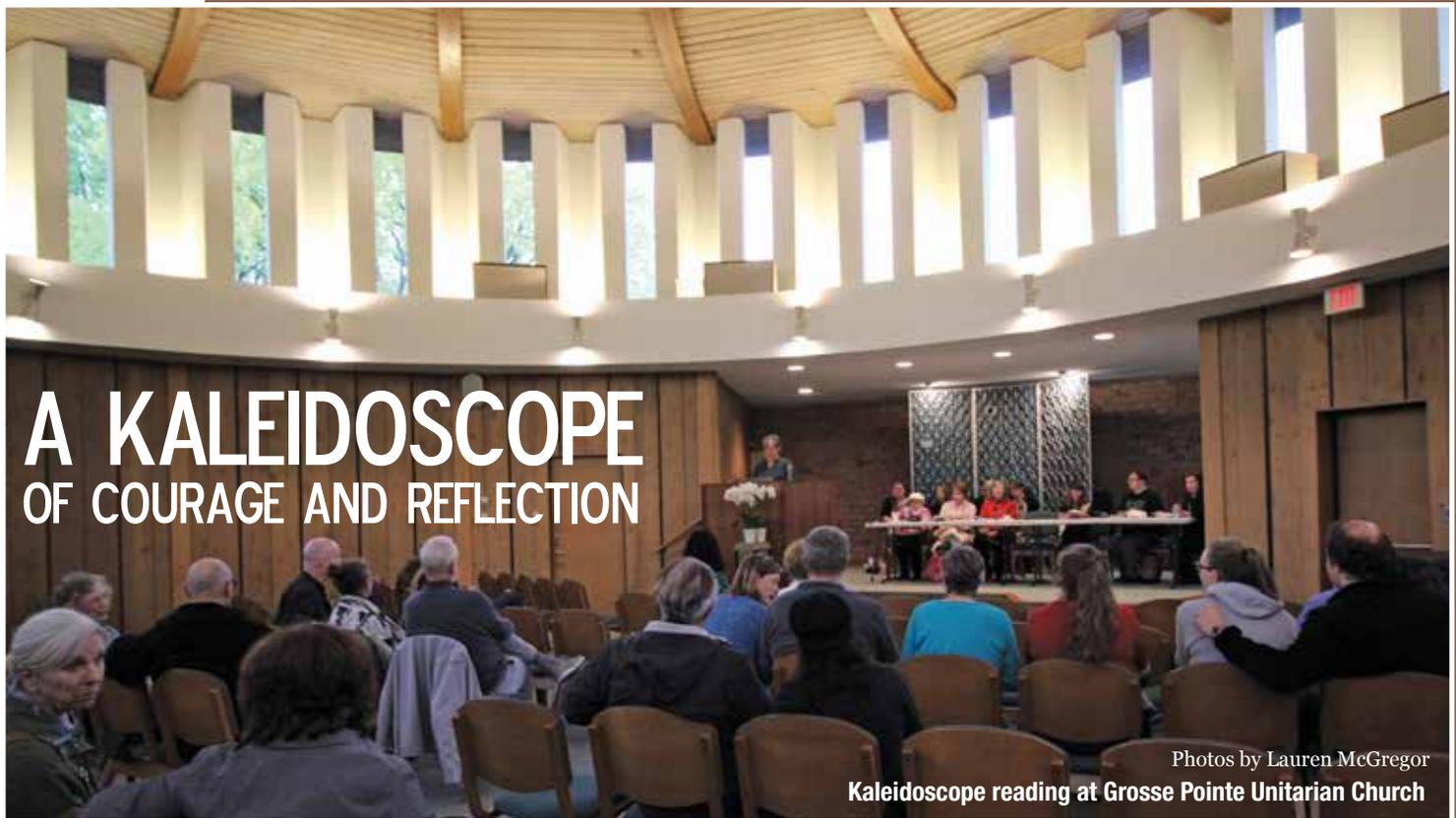
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A KALEIDOSCOPE OF COURAGE AND REFLECTION

Photos by Lauren McGregor

Kaleidoscope reading at Grosse Pointe Unitarian Church

By Lauren McGregor

The collection opens with poignant thoughts on aging by Lucie Beard, a Writers Workshop member who passed away in 2014. Her work sets the tone for the book, in its enormity of scope and experience — all of life, its joy, its tragedies, its embarrassments, its hazards, as seen through the eyes of the Grosse Pointe Unitarian Church Writers Workshop.

“Before self publishing was even a thing, workshop co-founder Mary Beth Smith said we should make a chapbook,” says workshop co-founder Patricia Gillis, editor of the collection.

The labor of love, a self-published title, *Kaleidoscope*, not only represents the range of work, in form and subject matter, but the range of artists. It’s a group as diverse as any.

The book is dedicated to Jean Dupuis, in honor of her 90th birthday.

“I cried. It was so lovely and loving,” Dupuis says. “I’m humble about what I write. It’s very precious to me.”

In *Kaleidoscope*, Dupuis brings to life her father’s upbringing as a way to understand the darkness in him.

“I write to try to figure out what caused the two sides of his personality, what made him feel like the world was against him.”

“The only reason I’m writing is this group,” admits Karin Garrett, who writes with harrowing detail of her childhood in Denmark during the German occupation of WWII.

Whether it be for the sake of a bi-weekly deadline, or

because the group invites and fosters the stories of all, members’ most intimate truths are laid bare.

The darkest, most vulnerable of these truths comes from Christian Kroeyr.

“It took me a long time to write this, a lot of courage,” says Kroeyr. “I needed to share it. My mission in life is to help others who have experienced any kind of sexual assault.”

In the 1990s, Kroeyr was raped by an HIV-positive man who sought to spread the disease as widely as possible.

“There wasn’t any support at that time,” he says, “Especially for same sex rape. The ‘Me Too’ movement encouraged me. At the time my story was on the news, all coverage was about the accused. No one asked what I had gone through.”

Kroeyr says his writing is a type of therapy, a common sentiment among members.

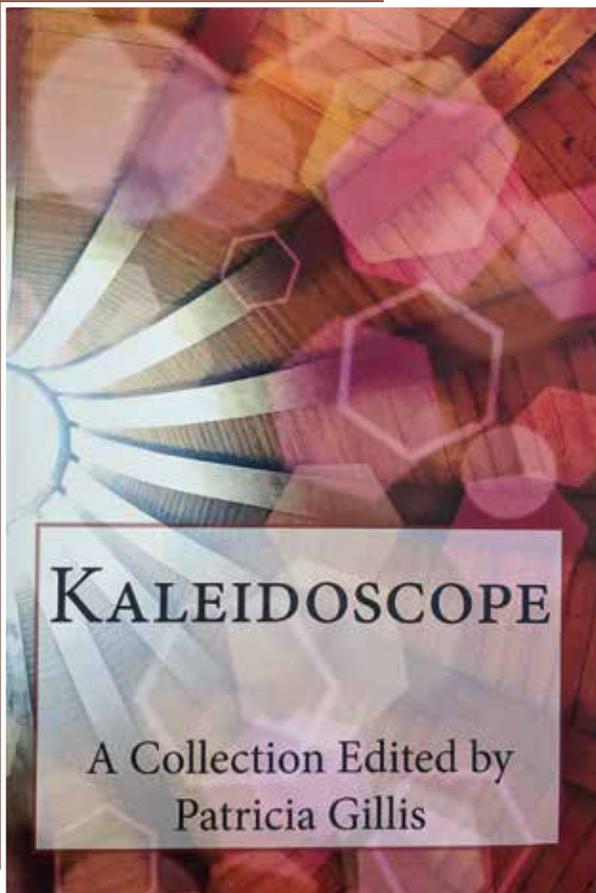
Emily Marck, at just 18, is rewriting her novel *We Are the Prey*, which she says helped her through difficult times. She started the science fiction/fantasy book in eighth grade.

Speaking of middle school, Liz Rohan’s powerful, and often confessional, story about an old friend’s death studies the impact of writing between teenage girls.

Of loss, Joan Hall breathes to life the words of a man who braves the life he knew before losing his beloved wife.

And Carol Ghesqueire’s poems about death and spirituality, often somber and sometimes with a healthy dose of humor, have helped readers.

“It was gratifying to find I was not the only one who felt this



KALEIDOSCOPE

A Collection Edited by
Patricia Gillis

way,” she explains.

A particularly tense piece, by Gillis, features a boy, paralyzed in a hospital bed, aware of the spider descending upon him, but unable to move.

Janet Braunstein’s hilarious and accurate anecdotes about motherhood lighten the book’s tone and will have mothers nodding.

While Linda Lawrence will make readers ache with a nostalgia for days when shoe shopping at Jacobsens was an option, Zsombor Zoltan constructs a utopic future few minds would be capable of fathoming. A perfect example of the “kaleidoscope” that is this book.

“Once I joined this group, I got the courage to share,” says Kroeyr. “Pat (Gillis) inspired me. This group is so supportive. Like a second family.”

“Everyone gives me so much encouragement,” agrees Zongmin Dai. Her story about training for a marathon is as much about running as it is about cultural identity and the complexity of calling two places, with two very different cultures, home.

“Min’s (Dai) writing is lyrical, constructed beautifully,” says Gillis. “And it’s in her second language!”

Kaleidoscope is available on Amazon.

The Writers Workshop convenes the second and fourth Mondays of the month at Grosse Pointe Unitarian Church.

“Better than therapy,” seems to be the sentiment shared by members, and their therapy is well worth the read. 

Gelato is Here!

PRO TIP:

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Which way do I go?

By Ken Welch

One of the safety tips from the Southeast Michigan Council of Governments in regards to running/walking in the community is to run/walk against traffic instead of with it.

I don't think this advice matches reality. It's assumed that drivers aren't paying attention and the runner is.

Most runners run in the street even though a sidewalk is available. They run looking down at the pavement watching for pot holes, uneven footing and debris.

They run, heads back, eyes skyward when they're tired and breathing hard. I've even seen a few with their eyes closed. Yes, it's true.

Earbuds seem to be a must but cut down considerably on the awareness of sounds and movement or an oncoming car. Runners talk on their phone or check their social media page (head and eyes down). They talk to each other.

I've been challenged by runners who feel it's their right to take up as much road as they feel they need. The worst is encountering a runner coming at you around a blind bend. A runner is simply not quick enough to cut laterally out of the way of an oncoming car traveling an average of 25 mph after running X amount of time straight away.

If you run in the same direction as traffic, the driver has extra time to adjust and go around you. There's little reaction time when an oncoming, inattentive runner suddenly strays into your lane. It's like having a deer pop out of the brush from the side of a road and cross without warning in front of your car. Bad day for the deer.

Whenever pedestrians and cars share the road, there's a risk no matter which way they're going. To me, going with the flow is the way to go. Ultimately, you decide.

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: pointefitness.com.



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Strange will requests

By Jon B. Gandelot

I recently came across a couple of articles that illustrate how people make unusual bequests in their estate planning documents. One was touching and the other strange.

Comedian Jack Benny died in 1974 and left a sum of money to his florist with instructions to deliver a single long-stemmed red rose to his widow, Mary Livingstone, every day for the rest of her life. According to a book co-written by Ms. Livingstone, she had no previous knowledge of this sentimental gesture. Mary Livingstone died in July 1984. Thus, she received over 3,000 red roses — one day at a time — from a devoted and loving husband.



Most people have never heard of Fred Baur. He grew up in Toledo, Ohio, became an organic chemist and went to work for Proctor & Gamble where he was a food storage container specialist. Fred designed the iconic Pringles potato chip canister in 1966. He was so proud of his achievement that his will directed that his body be cremated at his death and that his ashes be put in a Pringles can and buried alongside his wife.

When Fred passed away in 2008, his children debated on whether to honor his wishes, but decided to comply. His son said that the family stopped by a Walgreens on the way to the funeral home and bought a can of original flavor Pringles to hold some of their father's ashes.

Regardless of the nature of these bequests, Jack and Fred planned for their deaths...Have you?

Jon B. Gandelot is founding principal, GANDELOT HARTMANN, an estate planning and trust administration firm in Grosse Pointe Farms.

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COMING HOME TO THE DETROIT BOAT CLUB CREW

By Elizabeth Barton

Summer is still in the air, but a group of dedicated volunteers is looking forward to fall by planning the first annual homecoming event in support of the Detroit Boat Club Crew (DBCC).

Coming Home to the Detroit Boat Club Crew will celebrate thousands of current and former Detroit Boat Club Crew members and their families. For over 179 years, the DBCC has produced athletes competing at every level, from junior to elite international athletes competing at world championships and even the Olympics. Coming Home to the Detroit Boat Club Crew promises to engage and reconnect the multi-generational community of rowers.

The event will attract residents from across metropolitan Detroit, including many Grosse Pointe ex-pats. The Sullivan name is synonymous with rowing at the DBCC. Kevin Sullivan, a former Grosse Pointe resident now living in Virginia, is thrilled to have the

opportunity to reunite with his rowing buddies from the 1980s.

“I am excited to return to Belle Isle in the fall for homecoming. My brother, nieces and nephew, uncle and father all rowed for the DBCC. Nothing can erase my memories of carpooling in the dark to Belle Isle, rowing at daybreak, and returning to the boathouse after school.”

Katie Baxter Henke a DBCC rower in 1999, and now living in Florida, states she is “thrilled everyone has an opportunity to reconnect after so many years. The rowing program was a significant part of who I am today.”

Coming Home to the Detroit Boat Club Crew will be held on Sunday, Sept. 23, at 5 p.m. at the Belle Isle Boathouse. Legacy Awards designed by Baxter Glass Art will be presented to past rowers who have or are making significant contributions in their community.

Weather permitting, the event will include friendly rowing matches on the

Detroit River at 1 p.m. In recognition of the DBCC history, current and alumni rowers will participate in categories including the over and under 179 combined years of age, four- and eight-person races.

Proceeds from the event will support the 2018 DBCC Future of Rowing Challenge Grant; a \$200,000 match campaign established to promote and sustain the sport of rowing on Belle Isle for generations to come. Individual, family and patron tickets for the strolling dinner will be available for purchase at www.detroitboatclubcrew.com.

Founded in 1839, the Detroit Boat Club is the oldest rowing club in North America. The crew competes under the DBCC banner on Belle Isle in fall, winter, spring and summer seasons and offers competitive rowing opportunities for youth, masters, veterans and para-athletes, as well as learn-to-row programs for all ages. 

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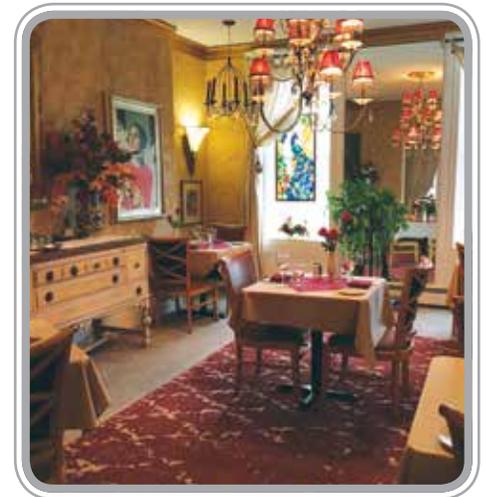
26717 Little Mack, St. Clair Shores • (586) 443-4597

For lunch we offer an array of salads, sandwiches, hot entrees and new specials daily. A few of our wonderful dinner menu items include steaks, lamb chops, stuffed salmon and 1/2 roasted duck. We also offer selections from a full bar to compliment your meal. Book your wedding, rehearsal dinners, baby showers, birthday parties or funeral luncheons with us; prices starting at \$13.95 per person. Ardmore Park Place — it's more than dining; it's a shopping experience. We are located on Little Mack in St. Clair Shores, just north of Frazho Road (10 1/2 Mile). 

- ◆ 1/2 off beer, wine, cocktails every Thursday!
- ◆ Our next Wine Tasting Dinner is Wednesday, Sept. 19, 7-10 pm. \$69 per person includes tax and gratuity. Please call for reservations!
- ◆ Join the fun at our new Ardmore Social Club Oktoberfest event on Thursday, Oct. 11, 6-9:30 pm. for entertainment and dancing. \$35 per person, includes tax and gratuity. For more information, call (586) 495-6202

Hours: Lunch: Tue-Sat 11am-4pm; Dinner: Thurs-Sat 5-9pm

Web: www.ardmoreparkplace.com



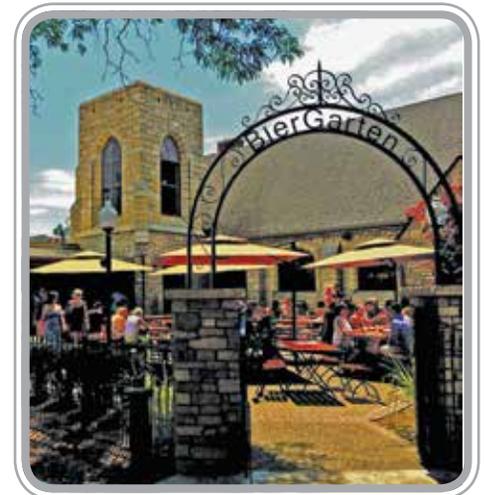
Atwater in the Park

1175 Lakepointe, Grosse Pointe Park • (313) 344-5104

Atwater in the Park is situated in downtown Grosse Pointe Park in the former Grace United Church, a non-denominational church built in 1936. Atwater Brewery owner Mark Rieth transformed the church, beautifully preserving much of the original structure, and opened as neighborhood brewery and restaurant in 2014. The Park's 40 taps pour many of your Bavarian-style Atwater favorites alongside Brewer Brad Etheridge's own exclusive beers, plus wines and Atwater Spirits. The full-service restaurant serves delicious pub fare and German-inspired cuisine in our Main Dining Hall year-round or in our traditional Biergarten during the warmer months. Follow us on Facebook and join our Mug Club for even more fun! Hosting a party? Our Munich Room holds 50 people and our Main Dining Hall & Biergarten are available to rent for larger groups. We invite you to pull up a pew, or a bar stool, and join us for a pint or two!    

Hours: Mon-Thurs 11:30am-11pm; Fri-Sat 11:30am-12am; Sun 11:30am-10pm

Web: atwaterbeer.com



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18584 Mack Avenue, Grosse Pointe Farms • (313) 332-0050

Blufin is located on Mack just south of Moross. We have a great atmosphere in a cozy setting. At Blufin, we offer fresh, healthy foods using only the finest ingredients. We offer a wide variety of sushi, including our signature rolls like the Blufin, Las Vegas and Grosse Pointer made with only the freshest Alaskan King Crab. All our rolls are plated with amazing artistry. Also on our menu are entrees such as Japanese fried chicken, ahi tuna, Mongolian Beef, fried rice and tempura vegetable. Blufin Sushi has so many items to choose from we can't list them all. We also offer salads, soups, sliders, desserts and a kids menu consisting of chicken fingers, grilled chicken, fish tacos, etc. We now have our liquor license serving sake, wine, beer and cocktails. \$250 Reservation fee up to 6 guests. \$ covers food and drink. 

Hours: Mon-Wed 11:30am-10pm, Thur-Sat 11:30am-12am, Sun 11:30am-10pm

Happy Hour: Mon-Thur 2:30pm-5:30pm

Web: WWW.BLUFINSUSHI.COM



Champs Rotisserie & Seafood

20515 Mack Avenue, Grosse Pointe Woods (3 blks. S. of Vernier) • (313) 886-7755

Champs is located on Mack just three streets south of Vernier. Our soups, sauces and dressings are housemade daily using only the freshest ingredients from Michigan companies when possible. Champs is known for its Rotisserie Ribs and Chicken, served with our homemade BBQ sauce for which Champs has been known for the past 52 years since it was the BBQ House of Grosse Pointe. We also offer an exquisite variety of seafood, salad entrees, sandwiches, appetizers and a full children's menu. We also offer daily specials that we have become known for. For those warm nights, enjoy our patio with a big screen TV or you may choose to stay inside and snuggle by our beautiful fireplace. With this unique atmosphere, comes a full-service bar to make your dining experience complete. We have a great selection of Michigan-made vodka, gin and bourbon and a wide selection of scotch, from house to high end. Call ahead on those busy days for a carry-out. Our specially designed carry-out boxes will ensure your food gets home fresh and hot. We will cater your next event. Call and speak to one of our catering specialists after 4 p.m. Order off our catering menu or create your own.

Hours: Mon-Thurs 4-10pm, Fri-Sat 4-11pm, Sun 3-10pm

Web: www.ChampsRotisserie.com



City Kitchen

16844 Kercheval, Grosse Pointe • (313) 882-6667

Located in the heart of The Village, City Kitchen prides itself on being a unique neighborhood eatery that serves quality fare in an upscale, yet relaxed and casual setting, as well as carry-out and on- and off-site catering. The restaurant offers fresh seafood from Foley Fish Co., Boston's famous fish house, as well as Great Lakes perch, pickerel and Lake Superior whitefish delivered daily. From the grill, try "Certified Angus Beef" New York strip or tenderloin steaks and some of the best burgers in town. Also enjoy seasonal salads, desserts, appetizers and wood-fired pizza. Join us at our bar for Happy Hour Monday-Friday from 4:30 to 6:30 p.m. and enjoy your favorite cocktail, beer or wine of your choice at our special Happy Hour pricing. 

Hours: Lunch: Mon-Fri 11:30am-3:30pm

Dinner: Mon-Thurs 4:30-9:30pm, Fri 4:30-10pm, Sat 5-10pm, Sun 4-9pm

Web: www.city-kitchen.com



Photo by Donald Schulte

Dirty Dog Jazz Cafe

97 Kercheval, Grosse Pointe Farms • (313) 882-5299

Winner of *Hour Detroit Magazine* awards for 2010 Restaurant of the Year and Best Chef 2010 & 2011, the Dirty Dog Jazz Cafe features top guest musicians and award-winning food. Two-time "Best Chef" winner André Neimanis offers an American bistro menu in a well-appointed, 65-seat dining room with white-linen round tables surrounded by red-fabric walls with dark wood, wainscoting, Tudor carriage lights and dog-themed paintings and sculptures. Favorites include Steak Burger with Foie Gras, Beef Short Rib, Salmon Filet and Chicken Pasta to name a few! Live Jazz Tuesday through Saturday offers patrons a unique and memorable experience (reservations are strongly recommended). Private dining is available for up to 25 people in The Boardroom, which also features full meeting and conference capabilities.  

Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: www.dirtydogjazz.com



Irish Coffee Bar and Grill HOME OF THE ORIGINAL BAR BURGER!

18666 Mack Avenue, Grosse Pointe Farms • (313) 881-5675

Irish Coffee Bar and Grill has been a staple on Mack Avenue in Grosse Pointe Farms for **38 YEARS**, notable for their fantastic bar burgers (1/3 lb ground rounds) and numerous coffee cocktails. Three high-definition TVs make this neighborhood bar a great place to watch the game. Swing by after the game or any entertainment event in the area, bring your ticket stub and your burger is only \$2.96 with purchase of a beverage! The daily lunch special is the best in town: dine-in between 11 a.m. and 5 p.m. and for \$6.95 have a ground round, fries and your choice of beverage (domestic draft beer or pop). This is also good for a fish sandwich or a grilled chicken sandwich. This family-owned restaurant is a great spot for young and old, and there is something on the menu for everyone. The homemade onion rings are a local favorite, and the fresh and hand-battered yellow-belly perch are particularly popular among seafood lovers. Numerous corned-beef sandwiches top off the menu with a true, Irish flare. The grill is open until 1 a.m., seven days a week! Hope to see you there! 

Hours: Mon-Sat 11am-2am; Sun 5pm-2am

GRILL OPEN UNTIL 1 A.M., 7 DAYS A WEEK!



Little Tony's Lounge

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 40 years for good food and good cheer. Cozy, quaint and warm, it's a throwback to when a business was run by an owner and not a corporation. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (they're delivered daily), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Our extensive bar is complimented by a great selection of beers, ales and wines. Dine on our beautiful, open-air patio during the summer months. Carol Alfonsi, the owner for 48 years, has retired. Her son and daughter-in-law, Tony and Ellen Alfonsi, who have owned and operated Print Xpress since 1981, have taken over as owners and plan on keeping up the tradition of the "Best Burgers on the Eastside." So stop in, they would love to introduce themselves! 

Hours: Mon-Sat 11am-11pm

Web: www.littletonyslounge.com



Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine. 

Hours: Daily 11am-1am (Kitchen closes at midnight.)

Web: www.luxebarandgrill.com



Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its fourth year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. Of course, the Ropotos brothers are not forgetting what made Mack Avenue Grille more than a diner. They continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



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Mike's on the Water

Located in Michigan Harbor/Colony Marine (enter thru automatic gates)

24600 Jefferson, St. Clair Shores • (586) 872-2630

The 2018 season is winding down, but we still have some good days on the deck and at The Lookout Bar and Snoopy's Food Truck! Our 8th season has been bigger and better than ever! Our fun and cozy atmosphere makes Mike's a fabulous place to unwind. With '70s era music, great food and drink prices and a very friendly staff, Mike's is a great place for people of all ages. We are family oriented and have a great kids menu. Our menu has everything from burgers and sandwiches to fried fish and daily fresh-catch specials, including boatloads of perch, and great salads. Try our "Lobster Roll" — over 50,000 sold! Food prices range from \$4.25-\$13.95. Mike's Nautical Hour (happy hour) featuring special prices on favorite libations runs from 3-6 p.m. every day. Watch your favorite sports teams at our fun bar. Mike's boasts ample parking, 26 boat wells with docking for up to a 48-foot vessel and a floating dock for personal watercraft.

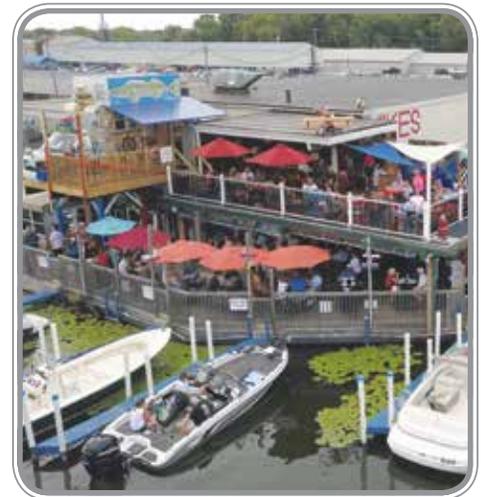
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THERE'S STILL TIME TO EXPERIENCE MIKE'S ROOFTOP FOOD TRUCK AND LOOKOUT BAR!

Kitchen Hours: Tues-Thur 11:30 am-10 pm; Fri-Sat 11:30 am-10 pm; Sun noon-8 pm

Bar Hours: Tues-Sat 11:30 am-close; Sun noon-close

Web: www.mikesonthewater.com



Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Piccata and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. **Tuesday is half-off pizza all day**, dine in or carry out. 

◆◆◆◆ WEDNESDAYS: 2 SIGNATURE PASTA DISHES AND A BOTTLE OF WINE — \$38! ◆◆◆◆

Hours: Mon-Thurs 4-10pm; Fri-Sat 4-11pm; Sun 3-9pm

Web: www.pepperonigrillescs.com



Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

Monday - Burger Bash (burger and fries) \$5.99. !

Tuesday - **1/2 off pizza!** \$3 Boombas 10 p.m.-close

Wednesday - All you can eat Perch \$12.99, 4-9 p.m. **Ladies Night featuring a Designer Purse raffle!**

Thursday - Fajita Frenzy \$11.99; Rib Riot (1/2 slab with fries) \$11.99

Sunday - Prime Rib \$15.99

All Day, Everyday - Craft Beer of the Month, \$3.75/pint; Domestic Draft Feature, \$2.75/pint; \$3.50 Shot Specials

Hours: Mon-Sat 11am-2am; Sun Noon-2am

Web: www.shoresinn.com



Sierra Station La Cantina — Celebrating 40 Years!

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 40 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.



COME IN TO SEE JEFF'S NEWEST ACQUISITIONS!

Hours: Lunch: Thurs-Fri 11:30am-1pm

Dinner: Open daily at 5pm

Web: www.sierrastationgpp.com



Photo by Donald Schulte

Steve's Backroom

24317 Jefferson, St Clair Shores • (586) 774-9337

Steve's Backroom has been an eastside staple for over 54 years providing quality Mediterranean Cuisine. Old World recipes are prepared under the careful eye of Bouchra Raffoul. Many traditional favorites, such as Stuffed Grape Leaves, Cabbage Rolls, Lamb Kabobs, Chicken Tawook, Fattosh Salad, Steve's Backroom Chicken Salad and the more popular Steve Salad with homemade Pomegranate dressing, just to name a few. In 2010, Steve's won the Small Business Award from the Macomb Region of the Small Business Administration, and in 2012 Macomb Daily readers awarded Steve's as its favorite Middle Eastern restaurant. Steve's bakes fresh pita bread for dine-in customers, and serves a limited pizza menu baked in a stone oven. A full bar is available as well as a banquet room that seats up to 40. Carry out catering is available.



ATTENTION BOATERS: WE DO CARRY-OUTS!

Hours: Mon-Thurs 10am-9pm; Fri-Sat 10am-10pm; Sun 10am-8pm

Web: stevesbackroomjefferson.com



DINING GUIDE

Telly's Place — Est. 1982

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 35 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Look around and you'll see a couple on a romantic date, sharing an order of our signature spinach dip and chips, a group of friends celebrating a birthday with our specialty martinis, or people sitting at the bar, watching the game on our flat-screen TVs. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution. 

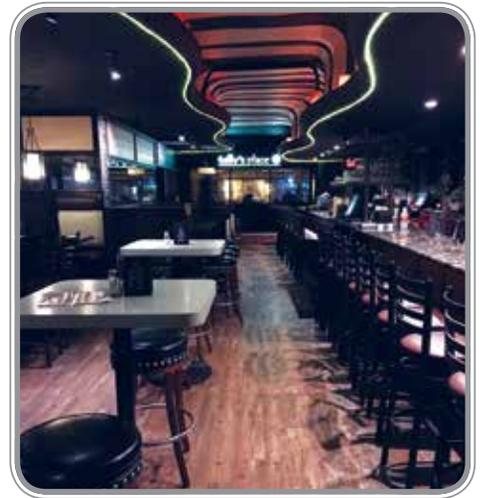
Telly's Specials:

- Monday - \$4 Margaritas
- Tuesday - Bar Bingo 9 p.m.-Midnight
WIN gift cards!
- Wednesday - \$5 Specialty Martinis
- Thursday-Saturday
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TOP OF THE CLASS: SENIORS EMBODY



By Jane Nordberg

Margaret Powell attributes her longevity to living an active life. The 88-year-old exercises every day, rain or shine. That's easy to do at American House Senior Living Community – Grosse Pointe (Cottage), where Powell attends an exercise class at least three times a week.

"I go to class when the weather is too poor to walk around the building," Powell says. "I really like to get outside, but if I can't, I need to be doing something active every day."

American House Life Enrichment Assistant Michele Zyngier attests that Powell is a role model for other residents. "In addition to being a wonderful person overall, she's very committed to her walking," Zyngier says. "She's an inspiration to the staff as well as the other residents."

Not surprisingly, Powell's participating in a Virtual Walk to Mackinac Island Challenge. Residents are logging their laps to meet the goal of walking the equivalent of 292 miles. As of the end of July, residents had logged 175 miles. "We better step it up or we're going to have to take a bus," Powell quips.

For 40 years, Powell lived in the Indianapolis area, where she spent many years as a legal secretary for a prosecuting attorney. She also spent 40 years in the Chicago area, working in a bank for half of her years there. Powell moved to American House Cottage a little over two years ago to be near her daughter, a Grosse Pointe Farms resident.

In addition to exercise opportunities, Powell participates in the monthly book club, bingo and enjoys the numerous outings provided by American House, such as meals out at restaurants, picnics, trips to the Grosse Pointe Farms Pier Park and to hear the Detroit Symphony Orchestra.

"I really like the trips and try to go on as many as I can," she says. "There's always something going on."

Powell also enjoys keeping up with Facebook and reading the Chicago Tribune online every day on her iPad, a free device given to every American House resident who wants one.

"I like reading the articles about city affairs," she says. "I like to know what's going on." 

Photos by Jane Nordberg; far right photo by Raechel Marcano

With a dry sense of humor and a keen wit, 89-year-old Ed Haug gives off the aura of a man who knows more than he's telling.

"He's a card, and he gives as good as he gets," says Joyce Underwood, a caregiver at ShorePointe Village Senior Living Community, where Haug has called home for the last four years. "He's got a great sense of humor, and he'll zing you without you even seeing it's coming."

Growing up on a farm in Illinois, Haug served in the Korean War before earning a degree in structural engineering and moving to the Detroit area, where jobs were plentiful in the automotive industry.

"I really wanted to be a teacher," he says, "but I was a husband and father by that time, and there simply was more money in engineering."

He and his late wife, Pat, lived "just two months shy of 50 years" in Grosse Pointe Farms, where Ed exercised his teaching jones by volunteering at local schools and churches. He also was president of the Grosse Pointe Men's Garden Club for two years, subsequently transferring his green thumb to ShorePointe's beautiful outdoor spaces.

"My knees can't do the weeding anymore, but I can still enjoy and admire the garden," he says, pruning some herbs for ShorePointe director Anne Khoury.

"I really admire Ed," Khoury says. "I have learned a lot from his contributions to our book club. He's a deep thinker."

Haug is also a card shark at ShorePointe's weekly Bridge Club and participates in Duplicate Bridge at the Sterling Heights Senior Center.

Haug is also a regular at ShorePointe's Wine and Cheese Socials and Ice Cream Socials. To work off the pounds, he participates in ShorePointe's Senior Strength exercise class and attends an off-site fitness center twice a week. He's also a regular participant in ShorePointe's version of table tennis, using paper towel rolls as paddles and balloons instead of a ball.

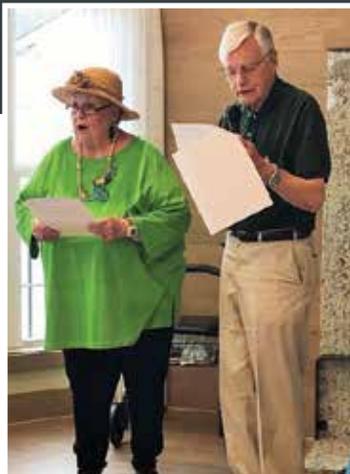
"What I really like about Ed is how caring he is," Underwood says. For example, Haug will help others who are not as mobile as he, and he seems to have a knack for communicating with other residents who have trouble being understood due to speech loss.

"He's a joy to work with," Underwood says. "Ed is a compassionate person who makes life better for others every single day." 

LIFELONG LEARNING



Julie DeYonker



With a spectacular view of Lake St. Clair from her third-floor apartment, and a host of activities she either participates in or plans for other residents, Lakeshore Senior Living resident Julie DeYonker is living the good life.

“I liken it to being on a cruise, every day for the rest of my life,” she says. “My kids say when they grow up, they want to have my life.”

It wasn't always that way. DeYonker was her husband's primary caregiver for 18 years after he suffered a debilitating stroke that left him unable to speak. After his passing, she continued to live alone until 2017, when a nasty fall resulted in several broken bones and put her into a coma for four days. It was on one of her subsequent medical appointments that DeYonker and her daughter saw Lakeshore being built.

“Unbeknownst to me at the time, she came right in and gave a down payment,” DeYonker says. “She knew it was the place for me, and she was right, it is.” Lakeshore opened its doors on January 4, 2018, and DeYonker moved in two days later.

Since then, there's been no stopping this gregarious senior. She plays on the “Bodacious Babes” trivia team, organizes pinochle games, participates in the book club and beading classes, acts as a resident liaison on the food committee, and plays bingo, tending to her own cards while helping another resident who can't see the cards very well.

A social butterfly, DeYonker is surrounded by a bevy of friends during cocktail hour at “The View,” Lakeshore's third-floor pub. She recently made her debut at the pub's “open mic” night, where she and fellow resident Frank Wilson sang the Irish folk song, “Molly Malone.” Hearing the music, other residents flocked to the pub, which led to a rollicking sing-a-long many have asked to be repeated.

“She's a leader here,” Wilson says. “If there's something we want to do, or we want to go somewhere, she works with other residents and the staff to make it happen.”

Looking forward to becoming a great-grandma in December, DeYonker appreciates the love and support of her two daughters and four grandsons.

“I'm so happy here, and so grateful that my daughters don't have to worry about me,” she says. “I'm not lonely, I have plenty to do, and life is really good.”



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SENIOR EXPO

By Anne Erickson

The Senior Expo at Assumption Cultural Center on Oct. 11 is one of the area's biggest lifestyle and health expos for adults, offering more than 50 exhibits on health care, retail products and managed cars, as well as educational seminars, workshops, on-site health screenings, entertainment and more.

The event will also offer "The Resource Guide," which is "a comprehensive compilation of all non-profit services and resources available to seniors and their families throughout the tri-county area," says Terri Murphy, president of Certified Senior Solutions, LLC, and Senior Expo committee chairperson.

"The dynamic platform of the event ensures that all current community resources are made available to seniors," Murphy adds. "As our audience grows, we grow, staying in front of all changes and providing access to current information and

trends affecting a quality lifestyle." Each year, the Senior Expo hosts more than 1,500 seniors, their families



and caregivers.

Now in its 25th year, it's obvious the Senior Expo is a community favorite. Why has the event enjoyed such a long success?

"It is always fresh and relevant to seniors today, and we reflect that," Murphy says. "The committee works all year long at Assumption Center to determine what seniors of today need."

More than anything, Murphy enjoys spending time with seniors at this event and "learning what they enjoy most."

"It is a reunion of sorts, as so many

return each year," Murphy says. "Learning that we have met their needs and helped in any way to improve their lifestyle is so rewarding."

"If there are unanswered questions about resources for seniors, come to the Senior Expo for those answers and the latest information available for a population living longer, more active and healthier lives," adds Sean Southers, Senior Expo sponsor. "A memorable day is guaranteed!"

The Senior Expo, a free event, is Thursday, Oct. 11, at Assumption Cultural Center, 21800 Marter Road. Doors open at 8:30 a.m. Expo hours are 9 a.m. to 1:30 p.m.

A free shuttle is provided by ShorePointe Village for convenient parking at Grosse Pointe Woods Lake Front Park. For more information, call (586) 779-6111. [P](#)

Top, 2017 Senior Expo guest speakers Rev. Faith Fowler of Cass Community Social Services and Mark Hackel, Macomb County Executive; center, 2017 Senior Expo committee



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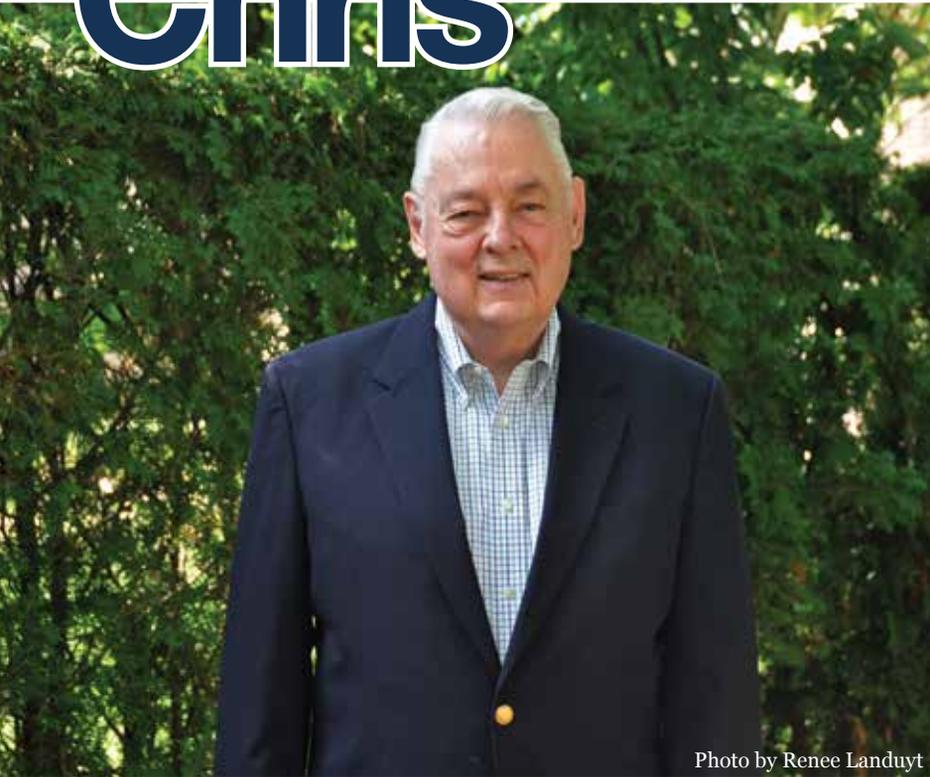


Photo by Renee Landuyt

Name	Chris Walsh
Age	81
City	Grosse Pointe Shores
Occupation	Retired from Eastman Kodak, multiple marketing positions

Chris's Favorites

Season

Spring

Musical Artist

Judy Collins

Vacation

Orlando area

Movie

Dead Poets Society

Book

Hillbilly Elegy by JD Vance

Food

Hard shell crabs

Restaurant

City Kitchen

Activity

Golfing

Dessert

Hot fudge sundae

What was your first job?

Working in a bakery in high school

What did you want to be when you were growing up?

Basketball coach

What do you miss about being a kid?

Neighborhood sports games. They were great times that developed competition, friendships and great memories.

What is one skill you'd like to learn?

How to play the piano

What is the most historical day in your lifetime?

I attended the White House Correspondents' Dinner and John Kennedy was the speaker.

What is the best trip you've ever taken?

Killarney, Ireland with family to attend son's wedding

What accomplishment makes you proudest?

Raising a family and enjoying the success they have had

Words to live by?

"Stay positive and happy. Work hard and don't give up hope. Be open to criticism and keep learning. Surround yourself with happy, warm and genuine people."

- Tena Desae

About Chris

"I was blessed with a wonderful wife for 56 years, until her passing, and a loving and supportive family, including children Brigid, Suzanne, Kate, Chris, Terry, Brendan, Tim, Beth and Ann. I was fortunate to have a strong education and a dedication to my faith, which has been a constant source of strength.

I feel I have been goal oriented and motivated to get things done. In retirement, my primary activities are focused on the Notre Dame Club of Detroit Wayne County Conservation District and the Grosse Pointe Senior Men's Club, where I will have the honor of becoming president in October.

As our society lives longer, there are two factors that we need to be more mindful of. First, loneliness is a growing concern, particularly in Grosse Pointe. Secondly, seniors offer substantial talent, experience and time that can be used as a resource. We can combine the need to address loneliness and utilize senior talent to everyone's benefit."

Preventing falls in older adults

By Ronda Maniaci

Falls are the leading cause of both fatal and nonfatal injuries for people 65 and older. Falls can result in hip fractures, broken bones and head injuries. Even falls without a major injury can cause an older adult to become fearful, making it more difficult to stay active, and creating a greater risk for falling.



Most falls can be prevented and by helping reduce the risk older adults can stay more active and independent.

Common risk factors:

- ◆ Balance and gait
- ◆ Vision
- ◆ Medications
- ◆ Chronic conditions

- ◆ Environment
- Simple Steps to Reduce Falls:**
 - ◆ Ask a physician about Medicare therapy at home.
 - ◆ Have your vision tested, increase lighting and be aware bifocals can be problematic on stairs.
 - ◆ Make sure a caregiver is giving medications as prescribed and be aware of non-prescription meds that contain sleeping aides and painkillers.
 - ◆ Make sure there are two secure rails on all stairs.
 - ◆ Stand up slowly, as blood pressure can drop upon standing.
 - ◆ Wear non-skid socks or shoes with good support.
 - ◆ Install grab bars in the bathroom and consider a chair for hair drying.
 - ◆ Notice if your loved one is holding onto walls, furniture or requires assistance.
 - ◆ Call Comfort Care for a free in-home assessment.

Ronda Maniaci is a Certified Senior Adviser and owner of Comfort Care Home Care. Ronda can be reached at (313) 881-3390 or Ronda.comfortcare@sbeglobal.net.

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John and Marlene Boll
Photo by Richard Dutkowski,
courtesy of The Boll Family



SOC auction to honor Bolls and storied past

By Matt Wentworth

On Thursday, Oct. 11, Services for Older Citizens will hold its largest fundraiser of the year.

“It’s an enchanted evening of glitz, glam and giving,” says Deb Miller, assistant executive director of SOC. It’s called, “Once Upon a Time,” an auction gala, at The War Memorial.

The event includes dinner, open bar, hors d’oeuvres, raffles and a long list of auction items. Guests will have a chance to bid on jewelry, a ride on the J.W. Westcott II to deliver mail to the freighters on the Detroit River, a gourmet dinner cooked in their home by chef Bobby Nahra and much more.

Money raised from the event will

help SOC provide nearly 20,000 hot meals and friendly visits to homebound seniors, as well as rides to medical appointments, health screenings and helping seniors navigate Medicare and Medicaid.

“SOC provides critical services that help thousands of seniors live better lives, right here in the community,” says Miller. “Not only is the gala a great party,” she says, “it is also the perfect opportunity to support seniors and their families, and help SOC make the five Grosse Pointes and Harper Woods great places to grow up, and grow old.”

This year’s gala will honor John

and Marlene Boll, generous donors to Services for Older Citizens.

“The theme, ‘Once Upon a Time’ was chosen to honor the stories of our past, and celebrate writing the next chapter,” says Miller.

The event is “black tie suggested.” General admission tickets are \$200 and sponsorships start at \$300. Tickets are available at www.socservices.org.

Besides buying tickets, people can also support Services for Older Citizens by becoming a sponsor, donating an item or service to the auction, or, by advertising in the organization’s program book. 



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Fly Me to the Moon* April 13 @ Detroit Yacht Club

Photos by Renee Landuyt

*Grosse Pointe South Choir fundraiser



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Mark and Sheri Rieth



Ion and Lynette Halalay



Herman and Elizabeth Wang



Freeman and Megan Gunnell

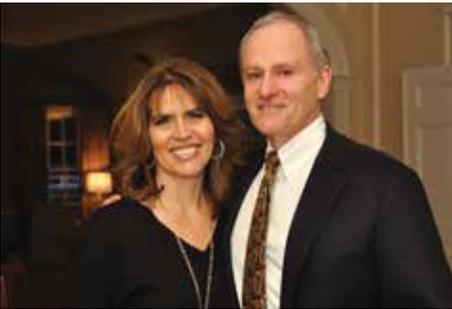


Chris Steele and Chris Pratt

Be the Beacon* April 14 @ Grosse Pointe Club

Photos by Renee Landuyt

*Grosse Pointe Foundation for Public Education fundraiser



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Photos by Renee Landuyt

*Grosse Pointe Youth Nautical Education Foundation fundraiser



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Kristen Schotthoefer, Sandy Morrow and Christine Gonzalez

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experience

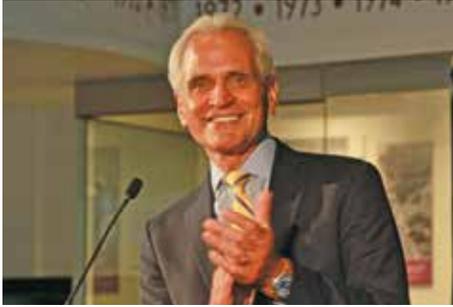
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A Tribute to Bob Bury June 28 @ Detroit Historical Society

Photos by Christine Hathaway



Bob Bury



Dee Rae, Carlo and Rose Budd



Bob Bury and Elana Sullivan



Dolores Bury and Maggie Allesee



Chris Rugh



Emily Gail and Bob Bury

Support the Race* June 28 @ The Ovation

Photos by Colin Hathaway

*Mackinac Race Foundation fundraiser



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COOKING

with CHEF ETHAN STEINER

Strawberry Shortcake



Strawberry shortcake may be a summer delight, however, there's nothing like stretching summer into autumn! Strawberry shortcake is a nice treat for a weekend or a special occasion. My mom would

make strawberry shortcake for us when I was younger. I have great memories of squirting the whipped cream out of the can!

What better way to conjure up memories of the joys of youth than

strawberry shortcake? It is one of the easiest desserts to prepare and serve. 

Strawberry Shortcake, serves 6

Cake

Ingredients

- 1 lb.** butter (4 sticks)
- 2-1/4 cups** sugar
- 9** eggs
- 3-1/2 cups** flour

Directions

1. Preheat oven to 350 degrees
2. Mix all ingredients together
3. Pour into greased 9 x 9 baking dish
4. Bake for one hour, or until a toothpick inserted into center can be removed cleanly

Strawberries

Ingredients

- 2 lbs.** strawberries
- 1 cup** sugar
- 1 cup** water

Directions

1. Wash strawberries and hull them



Photo by Ethan Steiner

2. Slice strawberries
3. Marinate strawberries in sugar and water for two hours and refrigerate
4. Save the liquid that is purged from the marinated berries

Whipped cream

Ingredients

- 2 cups** cold heavy whipping cream
- 4 tbs.** sugar

Directions

1. Put a metal mixing bowl and metal whisk into freezer for 10-15

minutes

2. Place sugar into the mixing bowl and add whipping cream
3. Whisk until cream reaches stiff peaks
4. Mix one cup of the liquid that is purged from the marinated berries

To serve, cut cake and place whipped cream and strawberries over top. Enjoy!

Chef Ethan Steiner, a 2008 graduate of De La Salle Collegiate High School, graduated from Le Cordon Bleu College of Culinary Arts with an Associates of Occupational Studies Degree in Culinary Arts and a Bachelor of Arts Degree in Culinary Management in Las Vegas.

Today, Steiner is a sous chef and can be found at Overture in the Art Ovation Hotel in the heart of downtown Sarasota, Fla. Follow him on Twitter @Chef_Ethan.



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FESTIVITIES, FUN AND FELLOWSHIP AT SENIOR MEN'S CLUB

By Eddie B. Allen Jr.

Christopher Walsh and his peers could have their pick of golf outings, restaurants, cigar shops or other leisure activities that cater to mature men in the Pointes.

But what they might not find as easily at the average community event is a genuine sense of belonging.

Using the slogan “festivities ... fun ... fellowship,” the Senior Men’s Club of Grosse Pointe promotes organized events that foster friendship. As the club prepares to celebrate its 60th anniversary next year, Walsh and other members look forward to expanding their presence through new initiatives and by continuing to build personal bonds.

“There’s a heavy emphasis on camaraderie and socialization in general,” says Walsh, the organization’s incoming president.

A retired marketing manager for Eastman Kodak, Walsh recognizes a need for the organization that its founders identified in 1959 as one that still exists. Founding President Edward Gehrig described reaching the age of retirement as “a credit to a person.”

While the ages of members vary and not all are non-working, a common need for engagement remains as men

mature toward becoming the elders of their community, says Walsh.

“First of all, there’s a lot of talent in seniors – a lot of talent,” he adds. “They can share that with other people and that should be recognized, and people should tap into seniors more often as a resource.”

In planning for the 60th anniversary, Walsh says the organization is pondering efforts that could incorporate the Senior Men’s Club of Grosse Pointe membership’s skills and experience.

“We’re very excited about that. I’m exploring the idea of the senior men helping the younger members and their sons’ or daughters’ companies with subject matter expertise,” he says.

While 65 is the age “threshold,” its 500 to 600 participants include both older men and those in their mid-50s. Many live in the Pointes, Harper Woods and surrounding areas, while others stay connected through the club’s newsletter, website and their own personal interactions.

A primary activity is the organization’s luncheon, held on the second and fourth Tuesdays and featuring notable guests. Past speakers have included Chief James Craig and local news anchor Devin Scillian. The Senior Men’s Club of

Grosse Pointe’s choir performs at each luncheon.

“We also have events that we go to, typically on a quarterly basis, like the museums, the DIA and some unique places,” says Walsh. “The members enjoy that.”

While events target their members and others in the demographic, others are welcome to attend. Walsh also encourages purchasing \$20 tickets to luncheons as gifts for dads and granddads.

“It’s a nice way to spend part of your afternoon,” he says.

Other initiatives of the club include the Senior Men’s Club of Grosse Pointe Foundation. Formed about two years ago, the foundation’s efforts include community support in the areas of education, health and aging.

Along with maintaining a network for themselves, war vets and others with shared backgrounds, Walsh says the organization’s goals include advocating for their neighbors of all ages: “I think, certainly, within the community we should be helping each other.”

For more information about the Senior Men’s Club of Grosse Pointe, visit the website: seniormensclubofgrossepointe.com. 

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pets

Molly welcomes your hi-res Pointe Pets pictures at Lauren@grossepointemagazine.com.



Audrey

Audrey is a snuggly black Lab/hound mix who quite often thinks she is human. She loves long walks, chasing squirrels, carrots and other treats. Audrey loves her family, the Sawickis.



Ollie

Ollie is a nearly two-year-old Pomeranian and Sheltie mix. He loves anything he can eat and loves his owner, Maggie!



Piper

Piper is a 9-year-old West Highland Terrier and rules the house with an iron paw. She helps with homework and protects family from the very dangerous mail that comes through the mailbox. Piper is an avid hunter-hole digger and composter of any food left unattended. Piper (aka Pippy) is small but mighty and she loves her family with all of her heart.



Basil

Basil was adopted from GPAAS a year ago, and he has turned out to be the sweetest, most affectionate and goofy-faced dog Yvie Schroeder has ever owned.



Jax

Jax is a 6-year-old Rottweiler who loves a never ending game of fetch. He shares his home with Aengus and Bruno, as well as his human family in Grosse Pointe Farms.



Ramone

Ramone loves to cuddle his favorite stuffed animal!

Canine influenza

By Dr. David Balaj

Canine influenza is a highly contagious viral infection affecting dogs. There are currently two strains in the United States: H3N2 and H3N8. Neither of these strains have affected humans, but cats have been infected.

The virus is spread by coughing, sneezing and barking. It can also live on hard surfaces for 48 hours, clothing for 24 hours and hands for 12 hours, so dogs do not necessarily have to have direct contact to become infected. Pets frequenting kennels, day care, shelters, groomers, pet stores and dog parks are at greatest risk.



Symptoms typically appear within 2-8 days; 20 percent may not develop any signs at all but are still contagious to others. Essentially, 100 percent of dogs exposed to the virus will be infected.

Symptoms are similar to kennel cough and may also include nasal and ocular discharge, sneezing, fever, lethargy and decreased appetite. Most dogs will recover within 2-3 weeks of treatment, however there have been deaths associated with the virus. Treatment is largely supportive and may include antibiotics, anti-inflammatory medications and fluid therapy. Infected dogs should be isolated from other dogs for four weeks.

Prevention is two-fold. Situations where dogs are in close proximity to each other should be avoided. Dogs at risk should be vaccinated, preferably with a vaccine which covers both strains.

Dog owners should consult with their veterinarian to determine the risk of contraction and need for vaccination.

Dr. David Balaj is owner of the Harper Woods Veterinary Hospital. He graduated from MSU in 1987.

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September

Calendar

08 SATURDAY

- Grosse Pointe Historical Society presents Izzy's Second Saturdays at Provencal-Weir House, \$20 per member, \$25 per non-member, reservations required by the Friday before each event, ask for Izzy at (313) 884-7010, session takes place 1-3 p.m.
- Grosse Pointe Historical Society Open House at Provencal-Weir House, 1-4 p.m.

12 TUESDAY

- Ford House Grounds Tour, Jensen's Masterpiece, tickets at fordhouse.org, 6 p.m.

15 SATURDAY

- Grosse Pointe Rotary Run, visit grossepointerun.com for information and to register
- Ford House Behind the Scenes Tour, tickets must be purchased in advance at fordhouse.org, also takes place Sept. 16, 29, 30, Oct. 6, 7, 13, 14, 20, 21, 28, tours begin at 11 a.m. Saturdays and 1 p.m. Sundays, add an additional house tour to see the entire 30,000-square-foot home starting at 10 a.m. Saturdays and 12 p.m. Sundays
- Grosse Pointe Woods Fall Fest, 5-9 p.m.
- Cook Schoolhouse Open, 5-7 p.m.

16 SUNDAY

- Grosse Pointe Theatre presents *Camelot* through Sept. 29 at Pierce Auditorium, tickets and information at gpt.org

19 WEDNESDAY

- The Family Center presents "Mental Health First Aid Training: For adults working/interacting with youth" at

- Grosse Pointe Memorial Church, also Sept. 26, RSVP at (313) 447-1374 or familycenterweb.org, free, 5-9 p.m.
- The Family Center presents "Everyday Mental Health: What You Need to Know" at Grosse Pointe South, free, 6:30-9 p.m.

20 THURSDAY

- An Evening of Roses at Ford House, compare the scents of different rose varieties, create your own custom botanical perfume with Alchemy Perfumery, learn the secrets of rose care, collection and drying for potpourri with Ford House experts, includes cocktails and desserts, \$60 non-member, \$50 member, tickets at fordhouse.org, 5:30-8:30 p.m.

22 SATURDAY

- Grosse Pointe South Athletic Booster Club's Run the Pointe at Grosse Pointe South, registration and information at www.gpsathleticboosters.com/pages/run-the-pointe
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.

23 SUNDAY

- Coming Home to the Detroit Boat Club Crew at Belle Isle Boathouse, 5:30 p.m.

24 MONDAY

- St. Ambrose's 28th annual Oysterfest on Kercheval in the Park, in the Beaumont Parking Lot, featuring signature dishes and local drinks, \$30, 5-9 p.m.

25 TUESDAY

- The Family Center presents "Everyday Mental Health: What You Need to Know" at Parcels Middle School, free, 6:30-9 p.m.

27 THURSDAY

- The Chamber Music Society of Detroit Inaugural War Memorial Series presents The Pacifica Quartet at The War Memorial, \$45 premium, \$30 general, \$25 seniors, \$10 students, 7:30 p.m.

29 SATURDAY

- Soroptimist International 5K Walk/Run at St. Lucy's, St. Clair Shores, 7 a.m.

30 SUNDAY

- Grosse Pointe Farms Concours d'Elegance Car Show at Pier Park

01 MONDAY

- The Family Center's Play Central at Barnes Early Childhood Center Gym in Grosse Pointe Woods, \$5 per family, Monday and Wednesday mornings through April 29, 9-11 a.m.

02 TUESDAY

- The Family Center presents "Meet and Greet for Professionals" at The War Memorial, RSVP at (313) 447-1374 or familycenterweb.org, free, 9:30 a.m. - 12 p.m.

03 WEDNESDAY

- Grosse Pointe Chamber of Commerce Dog Days of Summer Auction at Grosse Pointe Yacht Club, \$125 per person, visit grossepointechamber.com for tickets, 5:30 p.m.

04 THURSDAY

- Grosse Pointe Artists Association presents "Cars & Trucks: A Fine Art Exhibition and Lecture Series" featuring Steve Majoros at The

October

Calendar

War Memorial with Alex Buchan awarding prizes, exhibition preview/lecture package is \$80, register at grossepointeartcenter.org/events or call (313) 881-3454, 7 p.m.

06 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.
- Grosse Pointe Farms Autumn Harvest at Pier Park, \$5 per person, reservations required, 12:30-3 p.m.
- Grosse Pointe Public Library's Masquerade for the Stacks at the Country Club of Detroit, \$125 per person, 7 p.m. to 11 p.m., VIP Cocktail Reception for sponsors from 6 p.m. to 7 p.m.

09 TUESDAY

- Grounds Tour at Ford House, tickets at fordhouse.org, 5:30 p.m.
- The Family Center presents "Empty Nest: A Bittersweet Transition" at Grosse Pointe Congregational Church, free, RSVP at (313) 447-1374 or familycenterweb.org, free, 7 p.m.

11 THURSDAY

- Senior Expo at Assumption Cultural Center, free, 9:30 a.m. - 1 p.m.
- Services for Older Citizens Auction at The War Memorial, tickets at socservices.org

12 FRIDAY

- Grosse Pointe North/South Tailgate at Grosse Pointe North, family friendly event hosted by Grosse Pointe Chamber of Commerce, 5-7 p.m.

13 SATURDAY

- Grosse Pointe Historical Society

Open House at Provencal-Weir House, free tours, 1-4 p.m.

- Izzy's Second Saturdays at Provencal-Weir House, crafts for kids, \$20 per member, \$25 per non-member, reservations must be made by the Friday before each event, ask for Izzy at (313) 884-7010, 1-3 p.m.

16 TUESDAY

- The Family Center presents "College Prep Process for Parents and Students" at Brownell Middle School, RSVP at (313) 447-1374 or familycenterweb.org, free, 6:30 p.m.

17 WEDNESDAY

- Grosse Pointe Shores Halloween BooFest at Shores Municipal Park, 6-7:30 p.m.

18 THURSDAY

- Grosse Pointe Artists Association presents "Cars & Trucks: A Fine Art Exhibition and Lecture Series," relive the days of "Like a Rock," the longest running campaign in advertising history, featuring its creative team members, exhibition preview/lecture package is \$80, register at grossepointeartcenter.org/events or call (313) 881-3454, 7 p.m.

19 FRIDAY

- Grosse Pointe Woods Hob Nobbin' with Goblins at Lake Front Park, 6-8 p.m.

20 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.

21 SUNDAY

- Festival of Tables at The War Memorial, 30 theme tables, gift boutique, Greek

- pastries, silent auction and tin can auction, first viewing \$25, 1-5 p.m., dinner viewing \$80, 4:30-9:30 p.m.
- Grosse Pointe Symphony Orchestra at Our Lady Star of the Sea Catholic Church, tickets at gpsymphony.org/concerts.html, 3 p.m.

23 TUESDAY

- The Family Center presents "Vaping: What We Know, What We Don't, and Teenage Use" at The Grosse Pointe Academy, RSVP at (313) 447-1374 or familycenterweb.org, free, 7 p.m.

24 WEDNESDAY

- Boutique on the Lake at Grosse Pointe Yacht Club to benefit St. Paul on the Lake

26 FRIDAY

- Chamber Music Society of Detroit presents Meneses & Galbraith, \$45 premium, \$30 general, \$25 seniors, \$10 students, 7:30 p.m.

27 SATURDAY

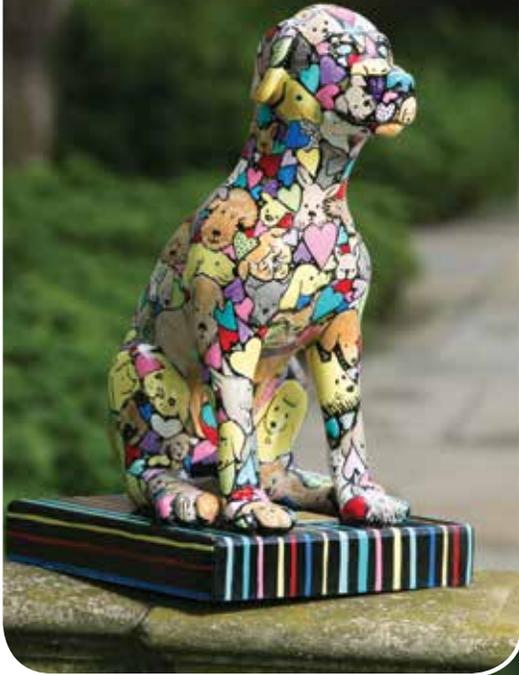
- Halloween in the Park at Windmill Pointe Park, \$10 per child, reservations required, 3:30-5:30 p.m.

28 SUNDAY

- The Grosse Pointes Harper Woods NAACP Freedom Fund Dinner at The War Memorial, to celebrate and honor the little known history of civil rights and social justice in our communities and the ongoing contributions of our neighbors, 5-8 p.m.

31 WEDNESDAY - Halloween

Photos by John F. Martin



**'DOG DAYS OF SUMMER'
AUCTION RAISES FUNDS
FOR THE CHAMBER OF COMMERCE**

By Anne Erickson

The Grosse Pointe Chamber of Commerce's "Dog Days of Summer Auction" isn't just a fun event — it's a unique way to help a great cause.

The event, in which the Chamber auctions off dog statues sponsored by local businesses, helps keep the local business community vibrant.

"Funds raised by the art auction are reinvested back into the Grosse Pointe community by enhancing the urban tree canopy throughout the business districts and a series of TV and social media commercials promoting the Pointes as a destination to shop, dine and play," says Jennifer Palms Boettcher, president of the Grosse Pointe Chamber of Commerce & Grosse Pointe Chamber Foundation (GPCC and GPCF).

This year's auction will take place Wednesday, Oct. 3, at the Grosse Pointe Yacht Club in Grosse Pointe Shores.

The dog statues come in two sizes: 4-foot tall sculptures offer a life-sized experience, while 18-inch pieces make for a smaller puppy. Guest celebrity artist Dominic Pangborn will also be in attendance, and several of his dog masterpieces will go up for auction.

"Artists submitted their own creative designs, which makes the street art project that much more fun because the creativity has no limit," Boettcher says.

Photos of all the dogs showcased throughout the community are posted on the Chamber's website at GrossePointeChamber.com.

Boettcher always looks forward to the community coming together for this

special event.

"One of my favorite things about the dog project is being able to experience and showcase the amazing artistic talent in our community consisting of all ages," she says. "The community interaction on the Chamber's social media outlets has been great fun and rewarding. The Chamber has a Facebook 'friend' who has taken a picture of his dog visiting each dog throughout the community and he even created his own Facebook page sharing photos of the dogs."

The Grosse Pointe Chamber of Commerce's "Dog Days of Summer Auction" will take place from 6 p.m. to 9 p.m. at the Grosse Pointe Yacht Club at 788 Lake Shore Road in Grosse Pointe Shores, Michigan. For information, visit GrossePointeChamber.com. 



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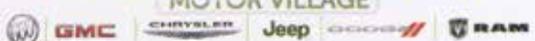
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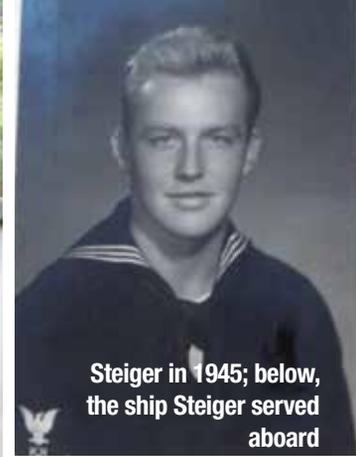
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VETERAN'S DAY

A WWII VET REMEMBERS



While serving Sept. 1943 to June 1946, Robert Steiger received the Asiatic-Pacific Theater, Philippine Liberation, Navy Commendation, American Campaign and WWII Victory medals.



Steiger in 1945; below, the ship Steiger served aboard



By Mary Anne Brush

Robert Steiger's blue eyes turn misty when he reminisces about his years serving in minesweeping operations in the South Pacific for the U.S. Navy during World War II.

"I was glad to get in and glad to get out," he says.

At the same time, after the war ended he missed "the guys, the water and experience, knowing we did our share." He says he stayed in touch with some of the men, "but they're all gone now."

From the low of having his appendix removed by a pharmacist at sea to the high of happening upon two Hollywood legends, the decorated veteran's most memorable moments in service astound.

The 94-year-old Grosse Pointe Farms resident enlisted with the Merchant Marines at age 17. After maritime training, he sailed on a liberty ship in convoy to the Mediterranean. The ship was nearing Gibraltar when Steiger came down with acute appendicitis and was transferred by destroyer escort to a tanker for an operation — not by a surgeon, but a pharmacist. When he was dropped off at a Naval hospital in Casablanca, medical staff "were shocked by the 6-inch gash — they said it looked like a shrapnel hit."

Three weeks later, he returned to the

U.S. on a troop ship and did one more trip to Cape Town, South Africa, before he transferred to the U.S. Navy. He was trained in Chicago, then shipped to Pt. Loma, Calif., for radar school. After several weeks docked at Newport Beach, his ship headed to Pearl Harbor.

"Most of the crew left the ship for a while," Steiger recalls. "Suddenly this yacht docked next to us and it turned out to be Lauren Bacall and Humphrey Bogart. We introduced ourselves and Bogart invited us on his yacht. He brought up some beers and we had a nice chat."

Bacall, Steiger says, played with "our little mutt mascot 'Boots,'" while Bogart expressed interest in their work.

"He was a wonderful guy," Steiger says. "He let me snap a couple of pics and wished us the very best luck. We left in the morning."

Before shipping out, Steiger was

promoted to boatswain's mate second class in charge of all deck operations. Most of their minesweeping duty was around Okinawa, Japan, and later Shanghai, China, clearing the harbors where the Huangpu and Yangtze rivers meet, then up the Yangtze to Nanjing.

Minesweeping — the job of clearing mines from ocean lanes — is at its best unpleasant work and, at worst, one of the most perilous jobs in the Navy, according to a 1944 clipping from Steiger's scrapbook — "always fraught with potential death."

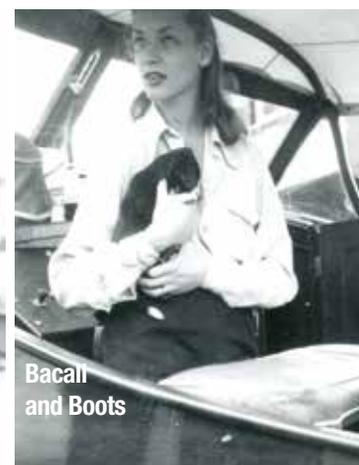
From extreme heat to bitter cold, they worked "from sunup to sundown," Steiger recalls, adding there were "grueling hours of dropping mine equipment in water, splicing damaged cable for the next day's operations.

"I dropped from 180 to 148 lbs.," he adds. "I can't tell you how lucky we were to get out of there and go home." ☐



Lauren Bacall and Humphrey Bogart, with Steiger's ship visible in the background

Photos by Lauren McGregor; Humphrey Bogart and Lauren Bacall photos by Robert Steiger



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